



*Living the Mission
through:
Ako
Manaakitanga
Wāhine Toa*

**Sacred Heart Girls' College
Manawa Tapu
New Plymouth**

TERM ONE

NEWSLETTER

MARCH/APRIL 2024

DATES TO REMEMBER

TERM ONE

Easter:

Fri 29 March—Good Friday
Mon 1 Apr—Easter Mon
Tues 2 Apr—Easter Tues

Fri 12 April:

Last Day of Term 1

TERM TWO

Tues 14 May:

Open Afternoon, 1.45—
3pm

Fri 17—Sat 18 May:

O'Shea Shield, Napier

Sat 25 May:

Year 13 Formal

Mon 27 May:

Accord Teacher Only Day

Mon 3 June:

King's Birthday

Fri 7 June:

Sacred Heart Feast Day,
Mass 10.00am

TERM ONE

Thurs 1 Feb—Fri 12 Apr

TERM TWO

Mon 29 Apr—Fri 5 July

TERM THREE

Mon 22 July—Fri 27 Sept

TERM FOUR

Mon 14 Oct—Thurs 12 Dec



Principal's Peace



Kia ora e te whānau, ngā mihi o te Aranga ki a koutou katoa.

As this newsletter comes to you in Holy Week, I pray that this Easter will be a special time for you and your whānau to reflect on the transformative power of God's love. Here at school, we have been using the Caritas resources for Lent: Ko Tēnei tonu te Wā: The Time is Now" (<https://www.caritas.org.nz/lent-schools>) and this week we focus on "Te Wā mō te Tūmanako: Time for Hope." As we journey with Christ through His passion, death and resurrection this Easter, we are encouraged to reflect on these questions: "How can I inspire hope in others? How does Christ's resurrection bring hope to our world?"

In this first term of 2024, our students certainly have been living life to the full! We are so proud of the many ways in which they are taking every opportunity to learn (**ako**), showing **manaakitanga** and growing into **wāhine toa** by stepping out of the comfort zone and taking on new challenges. See further details in this newsletter about the vast array of activities our students have been busy with this term, including acts of service (page 3, page 8), musical and sporting events (pages 13 to 18). A special congratulations to all of our students who were recognized for their achievements in 2023 at our Excellence Assembly.



Academic Leader, **Frankie Blackburn** presenting flowers to our guest speaker, former student, Megan Sinclair at Excellence Assembly.

Our annual House competitions, Swimming Sports and Athletics were bigger and brighter than ever. It was wonderful to return to the TET Stadium in Inglewood as a whole school this year for Athletics. Thank you to our wonderful Sports Department and particularly **Kerry Yates** and **Kat Greeney** for all the organisation setting up these special school events at the busiest time of year with summer tournament and trials for winter sports teams happening too.

We are aware that sporting, musical, performance and other extra-curricular activities can be expensive for our whānau. However, we do not want financial burdens to be a reason for students to miss out on these enriching experiences. Please contact me confidentially (bco@shgcnps.school.nz) if you require support from our benevolence fund. Please also be aware that students can raise funds for extra-curricular activities through the PTFA minigolf initiative. For further information about this fundraising opportunity email shgcmminigolf@gmail.com. If you are in a position to help students in need, please confidentially contact our Business Manager, Claire Gyde cgy@shgcnps.school.nz for details on how you can contribute to the benevolence fund.

"Kua tae mai ahau kia whiwhi ai te ora"

"I have come that you might have life"

Openly Engage with Community

Principal's Peace continued

A big shout out to our **Year 13 Faith in Action** class for the incredible community service that our **Caritas Canteen** has provided in Lent. This student-run Canteen has been a huge success, and the students are keen to continue to provide the service. They are keen to be able to offer hot food, especially as we move into winter. This will involve ensuring we are compliant in meeting food safety standards, which we are currently working through. To allow the Faith in Action class enough time to plan for Term 2, the current canteen service will be **reduced to morning tea only after Easter** and for the rest of Term 1. We will give you further details for Term 2 when possible.

In addition to our Caritas Canteen, lunchonline (www.lunchonline.co.nz) is available for students to order Subway on Mondays and Fridays and sushi on Wednesdays. Please note that we prefer students do **not** order Uber Eats. Students are not permitted to leave the school grounds at lunchtime. Any lunches that are dropped in for students must come to the front office, but this must be a very last resort. It is not convenient for our office staff to manage large numbers of take-away orders.

Thank you to everyone who recently attended our learning conferences. We've recently updated our reporting process and will now distribute subject reports twice per term, reflecting students' engagement, comprehension of content, collaborative skills, communication, and self-management capabilities. These reports will be sent out midway through the term and in the final week of term.

In staffing news, **Mrs Amanda Brown** will be on refreshment leave from Term 2 to Term 4 this year. We wish her a well-deserved break and look forward to seeing her back with us in 2025. **Mr Shintaro Kirkcaldie** will take over as Year 13 Dean and **Mr Richard MacCallum** will be taking her classes.

Kororia ki te Atua ki runga rawa, Maungarongo ki runga i te mata o te whenua, Whakaaro pai ki ngā tangata katoa ahakoa kō wai, Pai mārire. (*Glory to God in the Highest, peace on earth and goodwill to all people.*)

Barbara Costelloe
Tumuaki—Principal



Kia ora wāhine and whanau, we are your Head Girl Team for 2024, **Florence** (Head Girl), **Livie** (Deputy Head Girl Student Council) and **Hannah** (Deputy Head Girl Special Character).

Starting the year with Swimming and Athletics we were so excited to see you all participating and having fun. Coming up next term we have more exciting events including Cross Country, O'Shea Shield, and the Year 13 Formal. We look forward to watching all your successes this year, don't be afraid to say hi, we'd love to chat!



Hannah, Florence & Livie

Nourish Catholic Character

Holy Week



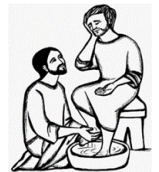
This week we began our Holy Week celebrations. Holy Week is the most important week in the Catholic Liturgical Calendar.

This week of great reverence and reflection spans the final eight days of Jesus' life—from Palm Sunday to Easter Sunday. It is astounding how much wisdom, insight and inspiration are available to us during this one week.



Washing of the Feet

We began Holy Week with our 'Washing of the Feet' Liturgy which was very special. We reflected on how Jesus washed the feet of his Apostles and how we too could serve people in our school, in our families and our communities. At the end each student was given a blessing for Holy Week. It would be great to talk about service and how that looks in your family. What is going well? Where could you volunteer your time?



Stations of the Cross

On Thursday afternoon we retraced the steps of Hehu Karaiti—Jesus Christ. We invited our students and staff to open their mind and heart to each Station of the Cross. To reflect on their choices, behaviour and actions. Searching within themselves to grow closer to God and be the best person they can be. To live out our school Whakatauki- *Kua tae mai ahau kia whiwhi ai te ora - I have come that you might have life.*



Resurrection Liturgy

When we return to school on Wednesday we will be having our Resurrection Liturgy. Where we will celebrate Hehe Karaiti – Jesus Christ returning to be with us. There is hope and a new found joy that he is always walking along side us – we are not alone.



Holy Week Parish Mass Times

Going to Mass allows us all to meet and participate with Christ and nourish our Catholic faith. Outlined below is the Catholic Parish of New Plymouth link for all the times and places for Mass this Holy Week. I encourage you to try and spend time with your whānau this Holy Week in the presence of God and attend Mass. Take time to spend time with God. <https://www.catholicparishnp.nz/>



Easter Blessings to you all – May Christ's glory and the promise of this joyous time of year, bring peace and happiness to you and those you hold most dear. Amen.

8J with their gorgeous Easter Crosses they made for the pre-schoolers in the Parish's Little Angels group!

Little Angels is a Catholic Parish of New Plymouth pre-school group. They meet on Monday mornings, at Our Lady Help of Christians Fitzroy from 9-10.30am, for play, music, and morning tea! Thank you girls for the time and aroha you put in to making these.

I know all the Little Angels are going to love receiving their Easter Crosses made by you!

Amelia Luke, Chaplain



Nourish Catholic Character

PURPOSE
whakaaturanga



SACRAMENT OF CONFIRMATION
2024

YEAR 11 - 13

IMPORTANT DATES!

CONFIRMATION SESSIONS
MONDAYS | 7.00PM TO 9.00PM | ST. JOSEPH'S CHURCH HALL

6TH MAY	*TUESDAY, 4TH JUNE
13TH MAY	17TH JUNE
20TH MAY	24TH JUNE
27TH MAY	

*MONDAY, 3RD JUNE - PUBLIC HOLIDAY: KING'S BIRTHDAY

CONFIRMATION CAMP
FRIDAY, 7 JUNE 2024 - SUNDAY, 9 JUNE 2024 | VERTICAL HORIZON

CONFIRMATION MASS & CELEBRATION
SUNDAY, 30 JUNE 2024 | 5.30PM | ST. JOSEPH'S CHURCH
CELEBRANT: BISHOP JOHN ADAMS
FOLLOWED BY CONFIRMATION CELEBRATION AT ST. JOSEPH'S HALL (OPTIONAL)

REGISTRATIONS CLOSE ON FRIDAY, 12 APRIL 2024
LAST DAY BEFORE SCHOOL HOLIDAYS



GREATNESS



SCAN ME

REGISTER NOW BY SCANNING THE QR CODE WITH YOUR PHONE!

OR VISIT WWW.CATHOLICPARISHNP.NZ TO GET THE LINK TO CONFIRMATION REGISTRATION FORMS

The world offers you comfort, but you were not made for comfort. You were made for greatness! POPE BENEDICT XVI

For further informations, please contact **SUSILO** at youth@catholicparishnp.nz or 027 757 3612.

CLASS MASS

Our weekly class Chapel Masses have begun. They are every Thursday during term time at 9.50am in our Mary Phelan Chapel. Whanau and parishioners you are warmly invited to join us any week during the school term for Mass, then for morning tea in the staffroom.

SACRAMENTS

Sacramental programmes have begun also. This term I am running the Baptismal programme, First Reconciliation programme will be in Term 2, and First Holy Communion programme in Term 3. If your daughter is wanting to receive any or all of these Sacraments, or you have any questions, please don't hesitate to get in touch with myself or our DRS, Wendy Mulligan.

CONFIRMATION

For senior girls, if you are wanting to be Confirmed this year, enrolment for this closes 12 April. See the information poster in the newsletter, contact Susilo through the Catholic Parish of New Plymouth office, or see your RST teacher, Ms Mulligan or myself.

LOOKING AHEAD

Ms Mulligan, our Deputy Head Girl Special Character, Hannah Montalla, our Liturgy Leader Danielle Evaristo and myself are planning for up-coming Special Character events, so keep an eye on the School App, Daily Notices and TEAMS. This is a great way for parents to help support your daughter's faith journey. It is a pleasure to be Chaplain at Sacred Heart, I look forward to the year ahead.

Amelia Luke, *Chaplain*

'Chaplaincy



Chat'

Openly Engage with Community

2023 Leavers Gift

The leavers of 2023 had the idea to leave a visual legacy behind as their gift to school. They wished to remind current and future students of the work of Euphrasie Barbier and the Mission Sisters who founded our School. This mural expresses the values and faith that are the centre of our Manawa Tapu Community.

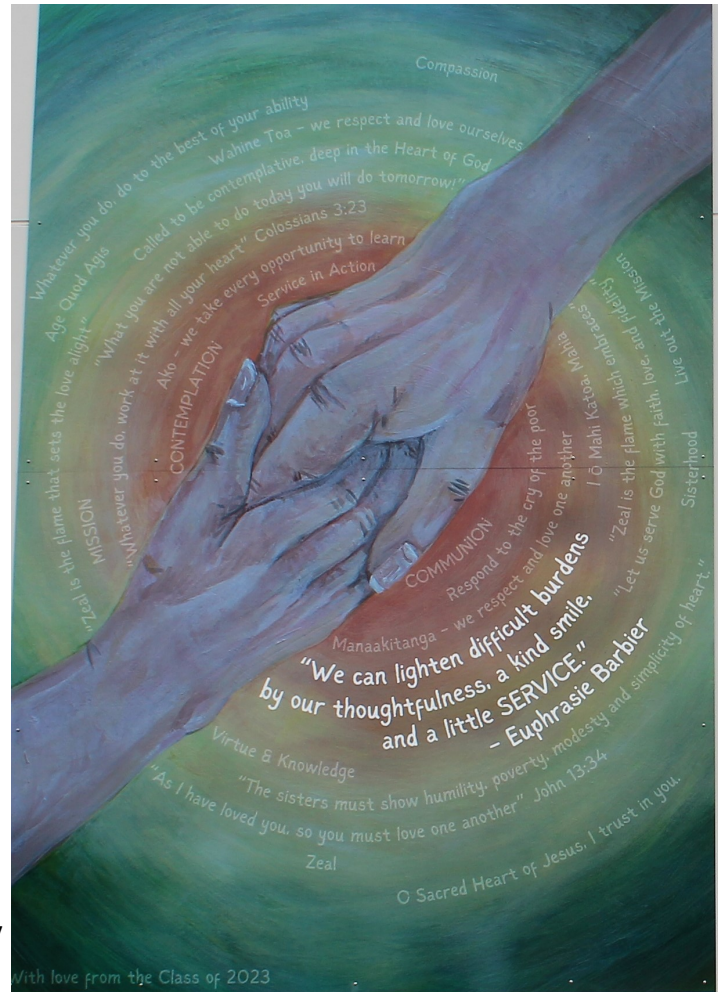
The text spirals around an image of holding hands, this reminds us to reach out and there is always someone to lift and support you. It signifies togetherness and the importance of helping others in need. The colours used in the background are representational of the Holy Trinity and reflect the core values of our school with God at the centre of our learning. The text was chosen very carefully by our student leaders, the quote chosen to stand out in the piece reads:

‘We can lighten difficult burdens by our thoughtfulness, a kind smile and a little service’.
Euphrasie Barbier.

They believe this is a simple but powerful quote that we need to remember and act upon in our everyday lives.

The rest of the text that fills the design includes many more wise words from Euphrasie and also covers our school values from Manawa Mission, Ako, Manaakitanga and Wāhine Toa, and our HEART values of contemplation, communion and mission. The text around the bold quote is coloured subtly against the background to hold the viewers’ attention as the more they look- the more they find.

We are so grateful for the class of 2023 and the thoughtful gift they have left for us.



Prestigious Awards

If you think your child has met the criteria below for a **Rose Award**:

- ⇒ For **ALL Sporting success** please contact Kerry Yates, our Sports Manager—
kya@shgcnp.school.nz
- ⇒ For any **Art/Cultural or Academic** success, please contact admin in the first instance—
admin@shgcnp.school.nz



Manawa Tapu Criteria to be awarded a Rose

To earn a rose at one of these ceremonies, students will have earned something at a national level:

- Student has **won** a National Event, and/or a category of a National Event
- Student is a **New Zealand Representative** in an Arts, Sports, or a Cultural International Event
- Student has **won** a Mission College Event, such as O’Shea Shield

Note: Principal’s Awards are awarded at the discretion of the Principal for other outstanding achievements.

Openly Engage with Community

Congratulations!

“We are very excited to announce that **Florence Parker** has been selected to attend the Elaine P Snowden Astronomy School next month. Based at the University of Canterbury’s School of Physics and Astronomy and the Mt John Observatory, this event is made possible by a private bequest, and only 20 students are selected each year. The programme consists of a mix of seminars and practical work. Students will travel to UC’s Mt John Observatory at Takapō | Tekapo and explore our cosmic neighbourhood with modern astronomical instruments. Back at the University of Canterbury, they’ll learn about the universe’s past, present and future, the life cycles of stars, planet exploration, extra-terrestrial life and more. A highlight of the programme is meeting fellow students with the same astronomical interests and making new friends. Whakamihi nui ki a koe **Florence!**”



The 1.8m telescope at the University of Canterbury Observatory at Mt John, near Lake Tekapo, is used by the Microlensing Observations in Astrophysics (MOA) group to search for microlensing events. Photo credit Takashi Sako



Enrolments for 2025

Sacred Heart Girls’ College is a Catholic Integrated school for students from Years 7 – 13, which celebrates the charism gifted to us by our founding order, the Sisters of Our Lady of the Missions.

To be considered for enrolment and entry to the boarding hostel, Elizabeth House, and as a day student, in 2025, applications must be submitted by the end of Term 2, 5 July 2024.

Our Priority in Enrolment Procedure can be found on our website (www.shgcnp.school.nz) and will be rigorously applied in discerning enrolment.

If you have any enrolment queries, please address them to the Executive Assistant, Denise Stachurski; ph 758 5023 ext 704 or Email: dst@shgcnp.school.nz



Open Afternoon 2024

We will be holding an Open Afternoon on

Tuesday 14 May 2024, 1.45 - 3pm

for anyone interested in visiting our college and hostel.

Students will greet you at the entrance.

Openly Engage with Community

Women in Trades

Women in Trades, TET Stadium, 19 March

An energetic bunch of future tradies travelled to Inglewood to meet potential employers, industry training providers, tertiary institutes and industry organisations and to interact with a lively panel of trades gurus.

Firstly, there was a hands-on 'Give it a Go' segment. Students had a go at some fun tradie skills and talked with experienced people from across the trades. They learnt about career paths, training and job opportunities.

Secondly, we heard from an interactive panel after some delicious kai. Tradeswomen working on the tools shared their journeys and insights. The panel also discussed the ins and outs and unique challenges for women in the tradie life.

Thanks to the organisers and generous sponsors, this was an excellent event. The highlight was when **Silvia Hunter O'Brien** won a massive prize pack! Education to Employment!



Cell Phones

A reminder of our cellphone expectations: All Students – cellphones are not to be used or seen during school hours (8.40am – 3.10pm). Cellphones can be turned off and left in the students' bag or left at home. Students are not to carry them on their person during the school day.



If you need to contact your young person during the school day you can either email them or ring the school office and a message will be passed on.

We really appreciate the role caregivers have and the support they provide in helping our students meet Manawa Tapu's behavioural expectations. If you would like to discuss any pastoral issues, please contact your daughter's Manaaki Teacher in the first instance.

Jeremy Taylor

Deputy Principal—Hauora

Strengthen Ako and Poutama

PTFA



The PTFA have had a great start to the 2024 school year. We've welcomed some new parents to the committee which has been wonderful. We are a small friendly group of parents who are always welcoming. If you ever think you'd like to come along to our monthly meetings we meet on the second Monday of each month at 7pm in the school staffroom.

The school will be hosting the Kids Lit Quiz at the Events Centre on Wednesday 10th April from around 10.30am. The PTFA traditionally support this event. If you'd like to donate some baking that can be sold to the competing schools please drop it off at the school office on Tuesday 9th or Wednesday 10th April. The money raised from the baking sold goes directly back to the school library.

On behalf of the committee we wish our school community a very blessed and restful Happy Easter.

Sharyn Watson (PTFA Chairperson)

Embracing Hearts has donated an AED to our school.

The new AED is located to the left of the Events Centre main entry doors. It is in a lockbox.

The process is to call 111, follow the instructions on the box and the operator will supply the correct code.

I would like to acknowledge the support of Sophie's mum Hilary, Emma from Embracing Hearts and the PTFA which funded the lock box. Thanks also to Heta for installing the lockbox.

Sophie Powell pictured with the AED.



Lions Service Awards

Pictured from left; Isla Maclean, Krystyna Wells, Macy Stuck, Nina Rangiwahia and Addison Souness who received Silver Awards for 50 hours service. **Krystyna** was awarded a Platinum Award for 100 hours plus and in acknowledgement of the mentoring she did for the other girls to inspire them to dig in, do the hours and complete the paperwork. I am so proud to be associated with the College through these wonderful students. I would also like to acknowledge Ross Howarth for his support last year.

Denise Phelan
Youth committee, Lions



Strengthen Ako and Poutama

Interaction Revolution

The annual Manawa Tapu Bike To School Day took place earlier this term to celebrate Bike Aotearoa Month in February.

What a great turn out of students and staff. We are hoping to do this a few more times throughout the year.

Contact Ross Howarth if you want further information or have any ideas:
rho@shgcnp.school.nz



More Interaction Revolution fun in the sun!



Thanks to Taranaki Cricket, Taranaki Football, Taranaki Golf and Hayden from Tempo Fit for providing some awesome activities for us this term.



“Kua tae mai ahau kia whiwhi ai te ora”

“I have come that you might have life”

Openly Engage with Community

Elizabeth House



This term has had its share of fun and excitement here at Elizabeth House. If you haven't already heard, we have a new roof. Huge thanks to the TOI foundation for their wonderful donation. Because of this we were able to paint the exterior, add extra insulation and future proof our window framing. Thanks goes also to our Mission College Trust Board who supported us in so many ways to get this over the line, and our Hostel Management Board present and past for encouraging us to keep it moving. We've done it team.



Come and help us celebrate the new roof finally completed on our hostel building. This has been achieved over many years by past and present committees, to make a warm dry home for our girls. Please come and help us celebrate with a blessing and afternoon tea and share your memories and stories of your time at the hostel.

We would like to extend this invitation to current and past pupils, committee members, parents, and our wider community.

*SUNDAY 5TH May 2024 – 3.30pm; Elizabeth House
To help with planning and catering please rsvp to:
eh.aly@shgcnp.school.nz OR phone 0275553697*



Above: Father Vui Opening Chapel
Left: Year 9's: Day one at school

HOSTEL EVENTS – Big Sisters & Little Sisters spent an evening at the beach. Later, in the term the whole hostel went on over to Francis Douglas for games and dinner followed by a social.



INTRODUCING OUR HOSTEL COUNCIL 2024 – Congratulations to the following girls. We look forward to your ideas and leadership this year.

Year 9: Ellie Lynskey & Molly Stevenson (ends of the back row)

Year 10: Isla Williamson & Niamh O'Sullivan (left front)

Year 11: Reese Gardner & Francie O'Sullivan (right front)

Year 12: Hayley Coogan & Tiana Hokopaura (back row, second in, both sides)

Back centre 3: Kaitlyn Haigh, Kate Beckett & Alika Hunn – **Head Boarder Team**



Openly Engage with Community

IMPORTANT DATES:

Thursday 28th March – Hostel closes, 5pm for EASTER break

Tuesday 2nd April – Hostel opens 6pm after EASTER break

Friday 12th April – Last day of term, hostel closes at 5pm

Term 2 – Sunday 28th April, Hostel opens at 6pm

Sunday 5th May – New Roof Celebrations 3.30pm (See invite on page 1)



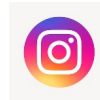
In closing, what a pleasure it was to accompany our Head Boarder Team and our SHGC Head Girl Team to the RNDM Retreat in Kapiti recently. It was a real privilege to sit with these ladies and other school leaders, learning about ‘why we exist as a school / hostel and what it means for each of us and our faith journey’. The Sisters of Our Lady of the Missions serve us with such vision, care and zeal and have done for several years – we are a blessed community.

Kei kona mai

Marina Walsh – Hostel Manager

Follow us on Instagram:

[elizabeth.house.hostel](https://www.instagram.com/elizabeth.house.hostel)



2024 Attendance Dues Information

Dear Parents/Caregivers

The Attendance Dues charges for 2024 are as follows:

Primary (Years 0-8) - \$508.00 per annum (GST inclusive)

Secondary (Years 9-13) - \$1,016.00 per annum (GST inclusive)

The voluntary Catholic Character Donation remains the same of \$30.00 per child (excludes Francis Douglas Memorial College, Hato Paora College, Saint Joseph's Māori Girls College and Sacred Heart Girls' College, New Plymouth)

The four equal instalment due dates are 31 March, 31 May, 31 July and 30 September 2024.

Unfortunately, there has been a delay in migrating data to our new system, CathConnect. We are hoping to email out your 2024 invoice before the end of March. Due to the lateness of this, we have moved the due date for the first instalment to be before the 30th April 2024.

Please feel free to contact our attendance dues team if you have any queries.

We also strongly encourage parents/caregivers who may be experiencing any difficulties in paying their attendance dues account to contact either our office or your school principal for financial assistance.

Thank you for your support and understanding.

Kind regards

Attendance dues team – 0800 200 208 or email: dues@pndiocese.org.nz



Strengthen Ako and Poutama

Drama Scholarship 2023

It gives me great delight to announce that **Libby Hopkirk**, a Year 13 of our 2023 cohort, was the proud recipient of a DRAMA SCHOLARSHIP!



This scholarship examination is a solo performance which consists of 3 areas which are marked on both their performance and their knowledge of theatre shown in introductory discussions. It runs to tight time restrictions and is filmed and sent off to a panel of markers. The first area is a prepared monologue from a play [5 minutes], the second is a piece that the student has to devise themselves [6 minutes]. Each of these require a spoken section beforehand wherein the student shares their understanding of the theatre form, their interpretation, their selected techniques and other areas which show their knowledge of Drama. The final section is an improvisation where they get a topic, have two minutes to plan, two minutes to perform and two minutes to discuss that performance to camera.

The exam is all over after 25 minutes but I am sure that you can imagine how much preparation time goes into getting ready for something of this nature. I commend all students who are even brave enough to stick their neck out and give this a go! In particular this year, we CHEER for Libby for flying the Manawa Tapu flag high and earning the ONLY scholarship in the school for 2023.

Heather Ashton
Drama Teacher

Year 11 History

Year 11 History students visited Puke Ariki and Te Whare Hononga at Taranaki Cathedral as part of their study of how our local area remembers and commemorates conflicts.

Taryn Gadsby
History Teacher



Strengthen Ako and Poutama

Geography

Year 11 Social Sciences and Year 12/13 Geography students took part in a field trip — Taranaki Mounga research.



Year 11 Social Sciences students



Year 12 & Y13 Geography students

Music

Bilingual rapper, producer, songwriter and dancer Rei took budding musicians and dancers from around Taranaki through their performance paces at a workshop at Spotswood College on the Thursday before Womad.



Rei, who performed at Womad on Saturday night, also brought along his dance crew and fellow Aotearoa artist Huia for the Toi Foundation Community Programme event.

SHGC students **Maeve Quinn, Czeska Cottam, Aya Mendoza** and **Catriona Thomson** thoroughly enjoyed the experience.

Raewyn Hunter
Music Teacher



“Kua tae mai ahau kia whiwhi ai te ora”

“I have come that you might have life”

Nurture Hauora

TOUCH

Taranaki Touch youth prizegiving was held on Friday 16th February at TET Inglewood. Our girls were well recognised for their contributions to their teams at Youth Nationals held in Auckland in early February.

- **Louise Blyde** best player mid position U18 girls
- **Eva Martin** MVP U18 girls
- **Hayley Coogan** Awhi award U18 girls
- **Rosie Moffitt** best player mid position U16 girls. MVP U16 girls.

Congratulations to these girls and **Ella Leauga** U16, **Sophia Winstanley** U16, **Carys Reid** U18, **Libby Robinson** U18, who represented Taranaki at this tournament.



From left; **Rosie Moffitt, Hayley Coogan, Eva Martin** and **Louise Blyde**.

TSSSA

Follow TSSSA on Facebook to see all their event photos [Taranaki Secondary School Sports Association - TSSSA](#)

Beach Volleyball

Well done to our beach volleyball players who for many it was their first time playing beach volleyball. Big shout out to our parents who supported the girls at this event.

Congratulations to Block & Roll—**Rosie** and **Bella Christiansen**, 3rd Senior Girls' Pairs and Scrambled Sets—**Rosa Pulotu** and **Kate Blackbourn**, 1st Junior Girls' Pairs.



BMX

On Thursday night we had our TSSSA BMX event at Hickford Park in Bell Block. Congratulations to **Emelia Lane** coming away with an awesome result, 2nd in Junior Girls'.



ROGAINE

Wednesday 28th February we had 5 teams take part in the Rogaine event at Lake Mangamahoe, with great results.

Junior Girls – 5th Waffles – **Mikayla Warren, Sofia Read, Lily Winters**
9th SHGC – **Arlie Allen, Niamh O'Sullivan, Kate Gardner**

Intermediate Girls - 1st Rubber Duckies – **Nayeli Pelletier Morales, Cassie Colbourne, Francie O'Sullivan**

Senior Girls – 1st Wednesday Long Run – **Sinead O'Sullivan, Miriam Waayer, Paige Scannell**
4th manGOS – **Lily Whaley, Mary Brown, Saskia Smith**



From left; **Cassie Colbourne, Francie O'Sullivan** and **Nayeli Pelletier Morales**

Nurture Hauora

SURFING

Wednesday 21st February saw our team head to TSSSA. **Izaro Williamson Sasia** placed first in the U18 Open Longboard and **Nayeli Pelletier Morales** 2nd U16 Girls' Shortboard.

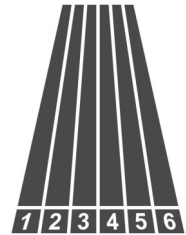
Also well done to **Ruby Stenning** winning the U16 Girls title and **Izaro Williamson Sasia** winning the U14 Girls' title at the New Plymouth Surf Riders Junior Club Champs on Sunday 10th of March.



ATHLETICS

Held at TET Stadium on Tuesday 5th March. Well done to everyone who competed, our best results were:

Sinead O'Sullivan 1st Intermediate Girls 2km Race Walk
Cassie Colbourne 1st Intermediate Girls 3000m Run, 1st Intermediate Girls 1500m
 SHGC Junior Girls 3rd 4x100m Relay
Rosa Pulotu 2nd Junior Girls Shot Put
Keri Graham 3rd Junior Girls Shot Put, 2nd Junior Girls Discus
Paige Scannell 1st Senior Girls 800m
Caitlin O'Sullivan 2nd Junior Girls 1500m



MOUNTAIN BIKING

Amelia Gaudin and **Caitlin O'Sullivan** raced very well at TSSSA Mountain biking event, on Wednesday 6th March. The event hosted by the New Plymouth Mountain Bike Club was held at Lake Mangamahoe on Wednesday night.

Caitlin (2nd) and **Amelia** (3rd) completed their 12km multi lap course finishing strong and proud for their school. The event saw these young ladies race off in a mass start with all age categories. They held their own on the single-track sections, even when they were caught up to and passed by the U19 boys later in the race. The course allowed for a lot of vantage points for parents to watch the action, and it was fantastic to see so many young ladies from around Taranaki.



Nurture Hauora

SPORTS VOLUNTEERS

Thanks so much to our amazing volunteers, **Billie and Ruby Stenning, Nayeli Pelletier Morales, Izaro Williamson Sasia and Madeleine Basile** who were down the beach on Monday 26th February taking the children from the Conductive Education programme and their families surfing.



INTERMEDIATE SURFING

On 28th February our Intermediate Surf team headed to Fitzroy for the Intermediate Surfing Champs. Perfect conditions in the morning changed to make the semis and finals very tough. Our girls surfed well against a large talented field.

Congratulations to **Isla Gilchrist** who finished 3rd in the Year 8 Girls' section.

Also congratulations to **Lily Thompson, Erin Grendon, Isla Gilchrist, Pippa O'Sullivan** and their friend from Oakura who won the Year 8 girls event.



TENNIS

Isla Maclean (Year 9) and **Olivia Pennington** (Year 13) have been away representing Taranaki at tennis.

Isla was selected for the 14 & Unders and Olivia for the 16 & Unders.

They played in Palmerston North on 9th, 10th, 11th February in a Central Quad Tournament against Manawatu, Wairarapa/Wanganui and Eastern.

Taranaki finished second overall after a jam packed weekend of tennis.



SURF LIFESAVING

The North Island BP Surf Rescue IRB Champs recently took place in Waipu Cove. SHGC students had some fantastic results.

This crew of **Maddy Drought, Bernie Vanner** and Georgie Olliver (NPGHS) earned a Bronze medal in the U19's. It was Maddy's first year driving. Bernie was the patient. This crew competes for Opunake Surf Club.

A huge congratulations to you ladies, an incredible result!



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ROWING

NISS Champs were held at Lake Karapiro 1-3 March. Plenty to celebrate with great performances from the whole team.

Jubilant rowing team with their incredible coaches. From left to right -**Juliet Hitchcock, Orlagh Honeyfield, Olivia Perry, Jesse Pulford, Bella Neale, Tabitha George** and **Charlotte Wimsett**.

A HUGE congratulations to:

Jesse Pulford and **Bella Neale** for earning a Bronze medal in Girls' U18 double sculls A final.



Girls' U18 Novice coxed quad sculls A final - **Bella Neale, Olivia Perry, Orlagh Honeyfield** and **Tabitha George**, coxed by **Charlotte Wimsett** - 2nd place, Silver.

Bella Neale and **Olivia Perry** won Gold in the Girls' U18 Novice double sculls A final, taking out the prestigious Martin Hyde Cup.



INDOOR NETBALL

Well done to **Tia Ora Stephens-Ranger**, a Year 9 student who has been named in the U13 NZ Indoor Netball Team. A massive congratulations also goes to **Sahara Cameron** and **Alyssa Seed** for making a NZ U17 Indoor Netball Mixed Team. But wait, there's more!! **Stella Rae** has ALSO made a NZ Indoor Netball U17 Team. Wow, our SHGC Indoor Netballers are certainly doing the school proud!



EQUESTRIAN

A huge Congratulations goes to **Zoe Lawn** for winning the L4 FEI Pony Championship at NZ U25 Dressage Youth Festival in Taupō in January. This is a National Youth Title - such a huge achievement **Zoe**, well done!



Congratulations to one of our new Year 9 Students, **Cara Yates**, for her recent equestrian achievements. **Cara**, and her pony **Dora**, attended the NZ U25 Dressage Festival in Taupō where she won Reserve Champion Novice Rider at national level which is an incredible achievement.



She was also part of the Taranaki Dressage Team who attended the NZ Pony Club Champs in Auckland. She placed 3rd and 4th in huge classes and helped the Team achieve 4th in the North Island and 5th in NZ.

Well done on these amazing achievements **Cara** and **Dora**.

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SCHOOL SWIMMING SPORTS

Swimming Sports 2024, what a sensational day at the Aquatic Centre on Friday 23rd February. Congratulations to our competitive swimmers and all the students who got involved for house points. Such a great day filled with school spirit and high energy!

Results for the day, 1st Vianney, 2nd Chanel, 3rd Barbier and 4th Lourdes.

Champions

Year 7 Champion: **1st Isla Terrill - 44 points (won all events)**

2nd Florence Moorby - 14

3rd Venetia Ngeru - 12

Year 8 Champion: **1st Anyah Pelletier Morales - 44 points (won all events)**

2nd Jade Hinga - 36

3rd Shayde Hanover - 21

Junior Champion: **1st Amber Whitehead - 64 points**

2nd Marnie Smith - 50

3rd Olive Anne Smith - 41

Intermediate Champion: **1st Meila Gwiazdzinski - 66 points (won all 6 events)**

2nd Lexi Hancock - 54

3rd Nayeli Pelletier Morales - 42

Senior Champion: **1st Jayda Hancock - 60 points**

2nd Greer Balsom - 37

3rd Freya Stolte - 33



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NZ TRACK & FIELD CHAMPIONSHIPS

Amazing result over the weekend for **Sinead O'Sullivan**. **Sinead** travelled down to the Jennian Homes Athletic New Zealand Track and Field Championships for 2024 in Wellington where she competed in the 3000 and 5000 metre race walk.

Sinead won gold in the NZ 3000 metre U18 girls' racewalk and got a PB time of 15.47.20.



NZSS OPEN WATER CHAMPIONSHIPS

It was a crisp morning at the Blue lake in Rotorua on Saturday 16 March for the NZSS Open Water Championships.

Nayeli Pelletier Morales came 11th in the 3.5km round the lake swim in the womens 14-15yr age group.

Amber Whitehead came 4th in the 1km swim in the womens 12-13yr age group.



SURF LIFESAVING NATIONALS

Well done to **Freya Stolte** who won a gold medal in U19 board rescue and a silver in U17 board rescue at the recent Surf Lifesaving Nationals. She also made finals in the Iron but unfortunately was unable to continue competing due to breaking her foot in the board rescue race. Wishing Freya a speedy recovery.



TARANAKI 3hr ADVENTURE RACE: Open Schools Section (Male and Female):

Miriam Waayer, Cassie Colbourne, Sinead O'Sullivan and Francie O'Sullivan finishing the race in 1st place.



LONELY MOUNTAIN ORIENTEERING SPRINTS

This event was hosted by Taranaki Orienteering and attracted competitors from all over the country plus some from Australia.

Under 16 Womens: **Cassie Colbourne** 2nd place
Under 18 Womens: **Miriam Waayer** 1st Place



Cassie Colbourne



Miriam Waayer

For any sporting success or queries—please contact the Sports Department:

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SCHOOL ATHLETICS

An awesome day out at TET Stadium.

Paige Scannell set a new school record for the 800m 2.22.17, beating the previous record of 2.23.04 set by Danielle Travis.



*Athletics
Championship
results in
Term 2
newsletter.*

