

Living the Mission through: Ako Manaakitanga Wāhine Toa

# Sacred Heart Girls' College Manawa Tapu New Plymouth

#### TERM ONE

#### **DATES TO REMEMBER**

Tues 11 May: SHGC Cross Country

**Mon 17 May:** Open Afternoon, 2pm in the Events Centre

Thurs 20 May: Teacher Only Day

Sat 15—Sun 16 May: O'Shea Shield, Porirua

Sat 5—Sun 6 June: Mission Cup Te Toa

Mon 7 June: Queen's Birthday—school closed

Fri 11 June: Sacred Heart Feast Day

**Term One** Thurs 4 Feb — Fri 16 April

.....

**Term Two** Mon 3 May — Fri 9 July

**Term Three** Mon 26 July — Fri 1 Oct

**Term Four** Mon 18 Oct— Wed 15 Dec

Living the Mission through:

. . . . . . . . . . . . . . . . . . . .

Ako Manaakitanga Wāhine Toa





#### APRIL 2021



Kia ora whānau, welcome to our April newsletter.

Today marked a culturally significant day in the life of the college as we received, at pōwhiri, the Diane Kawana Memorial Korowai, at which she was named 'Aho Ruahine'. The Kawana whānau and supporters presented Aho Ruahine to Manawa Tapu in a moving ceremony at which the stories of both former principal Diane Kawana, and the korowai creation journey, were shared. We heard tales of tenacity, commitment and resilience. We learned more of the weaving together of rich heritage and our Catholicism, and every student of Manawa Tapu was encouraged and challenged to grow into women of importance who can, and will, shape the future. Our Wāhine Toa have the opportunity to take the sacred threads of our forebearers and weave them into their own bright futures, reassured that ground-breaking wāhine have paved the way.

The kaupapa of Aho Ruahine is that she is for us all, she will be worn at significant events and she will be proudly displayed in our foyer for all to see and wonder at. I acknowledge master-weavers Jo Ngaia and Mako Jones for their abundant skill and humility in the creation of the artefact, and Pauline Koorey for her vision and wisdom.

Thank you to our community for their support of the korowai coming to fruition and to the Kawana whānau for graciously gifting her to us from their generous hands and hearts, just as they generously gifted their mother, Diane, and all the lives she then touched in her time with us. Thank you also to Aroaro Tamati for the gift of He Waiata Aroha ki a Diane Kawana. Kia ora.





Nell Brown, Head Girl

# **Openly Engage with Community**

### **Principal's Peace continued**

We are accustomed to the young women of Sacred Heart doing significant things, and we are proud to celebrate each of them for their God-given gifts and talents. However, it would be remiss of me not to mention the incredible accomplishment of Sophia Hodson in winning the Aon U17 Single Scull National Championship at the Maadi Cup. Sophia's performance was incredible. She dug deep with mental strength and tenacity to out-perform her competitors, storming home to take the silverware by almost 7 seconds. Not only did Sophia bring home the silverware, she received a medal and won for the school a single-scull, fitted specifically for Sophia's use. The skiff will be generously housed by the Clifton Rowing Club, who are equally thrilled with her achievement. Thank you to all of our rowers for doing Sacred



Heart proud, Teacher in Charge Joan Hodson and to supercoach Olympian Phillippa Baker.

Students can be congratulated on an exceptional first term. I look forward to welcoming them back to school refreshed and invigorated after the school holidays. I will be looking for correct winter uniform, positive can-do attitudes and a quest to grow into their best selves, embracing and celebrating their individual God-given gifts and talents.

He Ara Whakamua, he Ara Hau

Paula Wells Tumuaki



### **ANZAC Day**

This year the 25 April ANZAC dawn service falls in the middle weekend of our school holidays.

Mrs Wells and our student leadership team will be at the 6am parade representing SHGC. Any students wishing to join our SHGC group are invited to meet Mrs Wells, in their correct full school uniform, at the Clock Tower at 5.45am to complete the short march to the New Plymouth Cenotaph for the 2021 service and to lay a wreath.



"He Ara Whakamua, he Ara Hou"

#### PAGE 3

# **Openly Engage with Community**

### Korowai

Photos by Abbie Wood, Y12





Friday 16 April

A collage of photos from pōwhiri to receive Aho Ruahine







"He Ara Whakamua, he Ara Hou"

# Nourish Catholic Character



"Kua ara te Karaiti, Areruia, Areruia!" "Christ is Risen, Alleluia, Alleluia!"

"I pray that every morning will be a day to look forward to because Christ is alive and is with us. I pray your lives will be full of hope as we journey together through life knowing Christ is not dead, he is alive! This fact is the heart of the Gospel, God raised Jesus up from the dead." Easter Blessing from Cardinal John Dew

The final weeks of Lent were very busy at the College, culminating in Holy Week and our celebration of the *Triduum* – the three days in the Church's calendar which together express the central mystery of our Christian faith: the death and resurrection of Jesus. Of all the Church's celebrations throughout the year, the Easter Triduum is considered the highpoint.

At Sacred Heart, we celebrated the *Triduum* with three separate liturgies, led by our senior students. We remembered Jesus's call to serve others in our "Washing of the Feet" Manaaki Group liturgy, listening to the words from John 15:13, *"I have set an example for you, so that you will do just what I have done for you."* Before we left school for the Easter holidays, our senior students led us in the Stations of the Cross, reflecting on the sacrifice Jesus made for us and the sacrifice we are called to make to follow him. On returning to school on Wednesday April 7<sup>th</sup>, we celebrated the joy of the resurrection, Christ's victory over sin and death and we recalled our Lenten promise to "find Jesus in the face of others, in their voices and in their pleas," and our

commitment to find a new way forward focussed on peace and reconciliation.

We are a resurrection people. Let us all think about how we can bring the Light of Christ to others.

Congratulations to Mrs Alison Slater who was ordained as a Deacon in the Anglican Church at the Mass of Chrism in the St Mary's Peace Hall on Thursday March 30<sup>th</sup>. We pray for Alison as she continues her journey of study towards ordination into priestly ministry.

Catherine Landrigan Director of Religious Studies



**Mrs Alison Slater** pictured with SHGC students in support of her ordination.

### **Baptism**

During the weeks of Lent, four students have been preparing to be baptised, under the guidance of Carole Tipler, our Chaplain.

They will receive the sacrament of Baptism on Tuesday May 4<sup>th</sup> at the 9.10am parish Mass at Our Lady Help of Christians Church.



"He Ara Whakamua, he Ara Hou"

# **Openly Engage with Community**

### **RNDM Charism Day**

From the 25<sup>th</sup> to the 27<sup>th</sup> of March the Head Girl team attended the RNDM Camp in Waikanae, alongside Mrs Wells. We spent the three days living by contemplation, communion and mission, just as the Mission Sisters do.

There was a large focus on the life of Euphrasie Barbier and the Gospel story of 'The Visitation', which is a very important feast for the Mission Sisters. We came away from the camp feeling fulfilled with a deeper understanding of the mission of our College and new ideas for continuing the works of Euphrasie Barbier.

#### Eve Hagenson, Y13 Deputy Head Girl Special Character



## Honey for sale — in stock now!

There is still plenty of yummy honey from Eltham Apiaries available from the school office, or by contacting Ross Howarth <u>rho@shgcnp.school.nz</u>

Honey sales help to contribute with expenses from the wonderful Year 7 camp that students experienced at the beginning of this year.



. . . . . . . . . . . . . . . . . . .

1kg pot new price of \$14.00





'TEL' YOUR ONE STOP EVERYDAY SER'

For all your electrical designs,

installations, general servicing

& repairs, electronic, TV, comms and nursecall requirements

"He Ara Whakamua, he Ara Hou"

#### PAGE 6

# **Openly Engage with Community**

### **Holiday Office Hours**

**OFFICE CLOSED:** Monday, Thursday and Friday — both weeks

**OFFICE OPEN:** Tuesday and Wednesday: 10.00am-2.00pm — both weeks

.....

### Finance

All families should have received their tax donation receipts for the 33.3% donation claim from IRD.

If not please email us at <u>accounts@shgcnp.school.nz</u> and a copy will be sent to you.

.....

Please also note that as of 1 June 2021, cheques will no longer be a valid form of payment to the College. This is due to TSB now moving away from processing cheques in June.

### Uniform

A reminder of our school uniform requirements:





White blouse Navy blue skirt Navy blue shorts Navy blue trousers Jersey Blazer—optional for Year 11 students Black sandals with a back strap Black polishable shoes (maximum heel height 4cm) White ankle socks **Black tights** 

### Physical Education Uniform (Years 7–13)

Black (or navy) shorts and SHGC PE top. Sports shoes and socks as necessary. Sports teams must meet the requirements of their

particular sports code.

### **Uniform Retailer**

All uniform items available from Campus Clothing on Gill Street.

Phone: 06 769 5504 www.campusclothing.co.nz

Junior Students (Years 7–10) White blouse Tartan skirt-mid knee length Navy blue shorts Jersey Black sandals with a back strap Black polishable shoes (maximum heel height 4cm) White ankle socks Black tights





# Strengthen Ako and Poutama

### **Excellence Assembly**

At Excellence assembly on Thursday 18th March we recognised the achievement of our senior students in 2020.

There were 38 students who achieved Level 1 endorsed with Excellence. We had 27 students achieve Level 2 endorsed with Excellence and of these 19 students recieved a silver bar for Excellence in both Level 1 and Level 2. We had 19 students who gained an Excellence



endorsement at Level 3 with 14 students also achieving the gold bar

for Excellence in all three levels and a further 4 students received a silver bar for their second Excellence endorsement.

This year we also acknowledged students who have achieved Excellence in Pathways. This is a new initiative for us at Manawa Tapu and recognises students who have excelled in Gateway, WITT and TOPEC courses, Work Experience and more. Criteria have been developed to measure excellence in these pathways. Essentially, the criteria focus on attainment, attendance and readiness to move into further training or employment. We recognised 13 students who achieved Excellence in Pathways at Level 2 in 2020.

Excellence in Pathways students Congratulations to all our students who achieved personal excellence in 2020.

### Sheilah Winn

On Monday the 29<sup>th</sup> of March, our young thespians here at Sacred Heart did a magnificent job representing the school at the Regional Sheilah Winn Shakespeare Festival in Stratford.

One of the groups performed a scene from Titus Andronicus, winning the 15-minute section. Another group

performed a standout scene from A Midsummer Nights Dream, Directed by Molly Powell, winning the 5-minute section.

From here, both groups will travel to Wellington to represent Taranaki at the National Sheilah Winn Shakespeare Festival in term two. Tremendous effort, girls.

Loren Armstrong TIC Drama



Midsummer Nights Dream



Titus Andronicus

# Strengthen Ako and Poutama

### Y10 Geography

Y10 have been inquiring into the results of Plate Tectonics on the earths surface by studying either earthquakes, volcanoes or Tsunami.

**Sophie Kuriger** chose to present her work in 3D cake form.





### **Aotearoa Youth Declaration**

On Thursday through to Sunday last week I went up to Auckland for a four-day conference called the Aotearoa Youth Declaration. It's run by youth, for youth and it's an annual event that brings teenagers from years 9 to 13 together to discuss and try to solve current issues in Aotearoa. Over the four days, I spent time in my group, science and technology, meeting and becoming friends with new people, widening my perspective, and learning about life in Aotearoa. In

ADTEAROA NEW ZEALAND

our groups we create three statements with three policies under each statement with recommendations of what we would like to see in Aotearoa in the future.

My group got to meet Siouxsie Wiles, New Zealander of the year 2021, and as a collective of 150 students we listened to two panels, one about misinformation and the other about Maori-Pacific Islanders and their struggle with representation in New Zealand.

I had so much fun meeting new people and learning different views. Some ideas that other groups had were interesting, like making New Zealand a republic and making Te Reo compulsory from primary school through to year 10. Everyone there was super nice, and it was an amazing environment to share ideas and debate topics that you're passionate about.

I would really recommend going to one of UN Youth's events if you want to expand your viewpoint on heaps of issues relevant in our world today and learn about ways to make our future better.

By Florence Parker, Y10



On the 25th of March, Sacred Heart Girls' College had their annual Airbands for Caritas after a Covid-triggered break last year.

Fellow Hauora leader, Sophie Davies and I, planned profusely to make this night a success, luckily with no standards to live up to from the previous year.

A bigger turnout than we expected, and with a great quality of acts, we believed the night had potential for success.

With our extremely dedicated group of girls on the elected Hauora Council and the desperately needed guidance from Mrs Hunter, we managed to raise just under one thousand dollars that went towards the Catholic Agency for Justice, Caritas. This charity helps supply fundamental supplies to those in lower economically developed and poverty-stricken countries. It was a night full of lip-syncing and entertainment which ultimately supported a deserving cause.

By **Hannah Sutton** Hauora Leader





## Nurture Hauora

### Airbands







"He Ara Whakamua, he Ara Hou"



#### PAGE 10

# Nurture Hauora

### Year 7 Camp



Whitewater rafting was so fun, seeing Who was an incredible experience, I saw about 21. It got my heart racing. Lucy McIntosh



I flew down the water slide with water splashing from either side, then I stopped at the end with a huge grin on my face! Olive Cleland



The food was really good, I loved the dessert. **Ruby Stenning** 



It was crazy when we went to the pools because it was thunder and lightning. Czeska Cottam



"He Ara Whakamua, he Ara Hou"

#### PAGE II

# Nurture Hauora

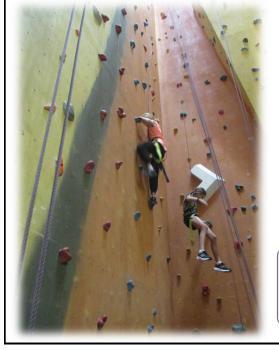
### Year 7 Camp



Kayaking was very fun and wet. It was very funny when our parent helper fell out of his kayak and we all laughed. I loved how we did races and we did a challenge where we had to try and get into someone else's kayak without getting in the water. **Rachel Halliday** 



The dance night got my heart full of excitement and laughter. **Elyssa Bil** 





Mr Howarth's magic trick was awesome. It made me wonder what his secret is. Libby Warner

Going rock climbing was so fun. I gave everything a go and made it to the top of the 15 metre wall. **Eloise Careswell-King** 

"He Ara Whakamua, he Ara Hou"

Find us on:

facebook

# Nurture Hauora

For sports news, please contact Ms Aroha Lynch, the Sports Co-ordinator, by emailing her at sport@shgcnp.school.nz, leaving a note with the details on it at the sports office or messaging through the Facebook page SHGC Manawa New Plymouth.

#### Summer Tournament Week – March 22-27<sup>th</sup>

It was good to see two groups of students attend the NZ Secondary School national championships for their sport during tournament week. 3x3 Basketball was held in Auckland, over 4 days. The Senior Girls' Elite team - Teghan Omelvena-Ngatai, Gemma Walsh, Lillian Syrus, and Madeline Shearman played 3 games a day, finishing pool play with a 5 win, 4 loss record. On Finals day they had 3 very close games – quarterfinal win against Epsom Girls' Grammar (12-10); semi-final win against Tauranga Girls' (15-14); and a loss to St Andrew's (11-13) to finish 10<sup>th</sup> in NZ. The Senior Girls' Open team – Charlotte Seddon, Libby Francis, Jorja Shearman, and junior Sahara Mana also played 3 games a day finishing pool play in the top four. Play-offs saw



them lose to Westlake Girls (6-9) in the quarterfinals; a semi-final loss to Takapuna Grammar (13-7) meant they played against Waihi College on the last day, losing 16-9 to finish 8<sup>th</sup> in NZ in that section. Well done girls!

Maadi Cup Rowing was the other sport where a team wearing the Sacred Heart red and white colours battled for supremacy. Many thanks to coach Philippa Baker-Hogan, team manager Debra Taylor and the Clifton Rowing Club for the many hours they have put in over the past two years to develop a group of beginners into a strong rowing contingent. There were 11 rowers in Karapiro for the week-long event - Olive Crowley, Ellesha Taylor, Nicole Taylor, Sophia Hodson, Madison Neale, Emma Prendergast, Amelita Peters, Isabella Stewart, Ella Krutz, Reese Churstain, Isabella Vollmer. They competed in at least two different categories each, moving from heats to semi-finals or repechage races, and then the last two days were all finals. Maadi Cup is one of the most prestigious NZSS events held during this week,



and 2021 saw record numbers with 123 Secondary Schools bringing 2432 rowers across a jam-packed week. Sacred Heart ended up with 6 crews making A (top 8), B (top 16), or C (top 24) finals, which was a fantastic achievement, especially for those girls who only started rowing this past summer.

In addition, we now have a new national champion rising to the top of our Wāhine toa. Sophia Hodson finished the 'top of NZ' by winning her A final in the Girls' U17 Single Sculls. She beat 41 rowers to claim this prestigious title and bring a NZSS Maadi Cup title back to New Plymouth - the first since 1962. I am sure the trophy will sit pride of place on a prominent shelf at her home but finding a similar place for the brand new \$12,000 custom designed AON rowing skiff might prove a little more difficult! Congratulations Sophia on such a wonderful achievement. Click here to read the full newspaper article.



NZ Champion, Sophia Hodson

#### **TSSSA Events**

This has been a super busy term for Sacred Heart girls competing in TSSSA Events. Short summaries of each sport and the participants are listed below, but please also visit <u>https://www.tsssa.org.nz/results-2/</u> to get the full set of results for each event.

#### **TSSSA Mountain Biking**

March 14<sup>th</sup> Sisters **Nell Brown** (U19) and **Lillian Brown** (U17) were the only Sacred Heart riders keen to tackle the taxing TSSSA Cross Country course at the Lake Mangamahoe Mountain Bike Event. It was a great sunny morning of racing, and competing with boys proved just the motivation the girls needed to try and beat their fastest times.

#### **TSSSA Athletics**

March 18<sup>th</sup> saw a team of 13 athletes head to Inglewood to aim for bragging rights as 'The best in Taranaki'. Congratulations to all the girls who performed throughout the day, as all of them achieved at least one top 3 finish. A special well done to the following girls who placed 1st in these events:

Tiani Kensington – 1<sup>st</sup> Intermediate Girls 100m Paige Scannell - 1<sup>st</sup> Jnr Girls 100m, 1<sup>st</sup> JG 300m, 1<sup>st</sup> JG 800m Eva Martin - 1<sup>st</sup> Jnr Girls 200m, Zoe Hall - 1<sup>st</sup> Snr Girls 110 Hurdles, 1<sup>st</sup> SG discus, 1<sup>st</sup> SG javelin Sahara Cameron –1<sup>st</sup> JG triple jump Teghan Omelvena-Ngatai – 1<sup>st</sup> SG shot put 4x100m Relays – 2<sup>nd</sup> – Senior Girls, 1<sup>st</sup> – Int Girls, and 1<sup>st</sup> – Junior Girls

#### **TSSSA Triathlon**

Sunday March 28<sup>th</sup> – The Year 12 PE class of **Campbell Smith**, **Keighley Simpson**, **Hilary Vanner**, **Zoe Hall**, **Katie Bestall**, **Lucy Blyde Olivia Hesseltine**, **Milarn Kennedy**, and **Lilly Steele** were tasked with training and preparing for the TSSSA Triathlon event as part of their NCEA assessments.

Well done to the girls who stepped outside their comfort zone and took on the challenge of a new discipline/ training regime as compared to playing in a weekly sports team. Head to the TSSSA website at the top of this page to see 100+ photos of the students in action.

### TSSSA Orienteering

March 29<sup>th</sup> – despite the wet conditions an intrepid team of girls headed to Devon Intermediate to compete in the Orienteering Champs event. Some competed as individuals and some in pairs. Well done girls for braving the conditions and sticking with it.

Course 2 (2.5km, 24 controls) – Nell Brown 2<sup>nd</sup>, Sophie Steenson 3<sup>rd</sup>

Course 4 (2.1km, 24 controls) – Lucy Howarth 1<sup>st</sup>, Pascoe Wells/Isla Robinson 2<sup>nd</sup>, Lillian Brown 3<sup>rd</sup> Participation – Iris Pease, Amber Cayley/Mary Brown

Course 5 (1.7km, 23 controls) – Miriam Waayer 1<sup>st</sup>, Arnika Watson/Danae Hancock 4<sup>th</sup>, Erina Gilchrist 6<sup>th</sup> Participation – Paige Scannell

> *Pictured from left;* Isla Robinson, Pascoe Wells, Danae Hancock and Arnika Watson







#### **TSSSA Road Cycling**

On 6 April, Katrin Visser and Florence Parker were the Sacred Heart representatives, and in fact the only girls who attended this event. Both posted good times and then joined with Stratford High School to take out the Mixed teams race also.

#### Cricket

Congratulations to the following girls who received top honours at the Taranaki Cricket prizegiving last week. The teams were selected in October 2020, and the girls have been playing in regular Sunday games and at a regional tournament, over the summer months:

- Year 7/8 Girls team Simone Heath top batter award
- Year 7/8 team Niamh Moriarty top bowler award and overall Most Valuable Player
- Year 9/10 team Sophie Campbell top batter award and ٠ overall Most Valuable Player
- Year 11/13 team Sarah Allen top bowler award



Sarah Allen, Jess Hollard (NPGHS) and coach Chris Coombe (TCA Awards)



Simone Heath, Niamh Moriarty, and coach Kate Baxter (Taranaki Cricket Awards)



Sophie Campbell, Caitlyn Marshall (NPGHS) and coach Amy Foreman (TCA Awards)

A special thanks to our cricket coaches and managers for their service to the sport and the girls over the 2020/21 summer – Pete Broadhead, Nicola Steele, Ross Howarth, Beth Findlay-Heath, Mike Coronno, Taila Hurley, Mel Visser, Andrew Scott and Sheryl Mitchell.

#### Football



Congratulations to Holly Kleinsman (U17) and 2020's Jana Niedermayr (U20) who after a successful national league season for Central Football, have been selected to attend a NZ Talent ID camp in April.





### NISS Track & Field Champs

Congratulations to **Sahara Cameron**, **Paige Scannell**, **Eva Martin**, **Tiani Kensington**, **Katie Bestall** and **Zoe Hall** who were all selected to represent Taranaki at the North Island Secondary Schools Track & Field Champs, held last weekend in Hamilton. Click <u>here</u> to see the highlighted results of our Sacred Heart students.

### Surf Life Saving – IRB Nationals

Recently, held in atrocious weather conditions, was the Surf-life Saving IRB Nationals in Ruakaka. Congratulations to the following girls who made the long trek to Northland and came back with the following medals. **Isla Robinson** competed for NPOB and won a silver in the U23 Women's Mass Rescue. **Emma Shotter** won 3 bronze medals with the male crew she races with U23 Assembly Race, U23 Single Rescue and U23 Tube Rescue. She competes with the East End Club, who won "Overall Club", so came home as National Club

champions. Lucy Midgley competing with the Opunake Surf Club, was part of the team who gained a Bronze medal in the Tube Rescue.

### **Rose Recipients**

Pictured below from left with Mrs Wells; Mikey Wildermoth (National Title; highest placed junior pony rider)

Lydia McCaul (NZ Secondary Schools Choir)

Tori Hudson, Stella Rae, Alyssa Seed and Libby Nielson. Absent: Nevaeh Christiansen-Johnson), (winners of the National Indoor Netball title)



Pictured on the right (from left); Freya Stolte, Mrs Wells and Sophia Hodson.

Freya Stolte (Oceans Nationals—gold medal in board relay)

Sophia Hodson (NZ Secondary School U17 Single Scull Champion)





PAGE 15





Another brilliant season of mid table mediocrity from the SHGC Manawa Tapu Business House Squash team.

Superb efforts from the team, pictured from left; Grant Douglas, Spencer Page, Holly Miller and Ross Howarth (absent: Bernadette Forsyth).

The picture of happy faces follows our 4-0 win over fierce rivals New Plymouth Girls' High, and us now holding bragging rights over winter.

A great way to finish the competition.

**Ross Howarth** 





Nau mai, haere mai Announcing the PTFA team for 2021... We welcome Mary-Elizabeth Hagenson as Chair, Chris Moffitt as Vice-Chair, Kim Watson as Secretary and Katrina Bromell as Treasurer and a further 21 parents as committee members.

We've enjoyed reconnecting this year at our Wine & Cheese evening and we are starting to plan some events for later this year.

Come along to one of our meetings and join the team! We meet at 7pm in the Staff Room on the 1<sup>st</sup> Monday of the month. See you there on the 3<sup>rd</sup> May.

Contact ptfa@shgcnp.school.nz