



*Living the Mission
through:
Ako
Manaakitanga
Wāhine Toa*

**Sacred Heart Girls' College
Manawa Tapu
New Plymouth**

TERM FOUR

NEWSLETTER

DECEMBER 2020



Principal's Peace



DATES TO REMEMBER

Mon 1 Feb:

Staff Only Day

Tues 2 Feb:

Year 7 Mass at St Joseph's, 5.30pm

Tues 2—Wed 3 Feb:

Year 13 Camp

Thurs 4 Feb:

First day back for all students, Powhiri 8.40am in the Events Centre

Fri 5 Feb:

Year 7 Manaakitanga Day
Year 9 Retreat

Mon 8 Feb:

Waitangi Day observed

Thurs 11 Feb:

Opening Mass, 10am in the Events Centre

Wed 17 Feb:

Ash Wednesday

Fri 19 Feb:

Swimming Sports

Wed 24 Feb:

Photo Day

2021 TERM DATES:

Term One

Thurs 4 Feb—Fri 16 Apr

Term Two

Mon 3 May—Fri 9 July

Term Three

Mon 26 July—Fri 1 Oct

Term Four

Mon 18 Oct—Wed 15 Dec

Kia ora whanau

Kia ora whanau. Welcome to our December newsletter and the closure of the 2020 school year, one that shaped up to be entirely different to any we have experienced before. I am incredibly proud of the students and staff of the kura who have been agile in change and receptive to accessing learning and teaching in new ways. We learnt a lot from the experience of lockdown, and our willingness to embrace silver linings and pivot into change fluidly and flexibly has been a shining light in the year that was. Thank you to our community who have supported us and for your encouragement of our wellbeing first approach in caring for, and educating, the young women of the College. Kia ora.

I have spent the latter part of this year on Principal Sabbatical. Thank you to the Board of Trustees for supporting my professional growth and hauora in approving the sabbatical with Teach NZ. My focus was centred on learning more from the Mission Order within New Zealand regarding one of their three pillars, Contemplation, and more deeply exploring contemplative practices as a form of mindfulness.

I also visited with principals across Catholic schools to learn how they were purposefully leading to affect wellness, most especially given the experience of leading their communities through and post lockdown. This unintended, but seized upon dovetailing of present situation with original sabbatical inquiry, created rich, collegial connections and sharing of professional practice. I have renewed respect for principal colleagues across the motu, who had the wellbeing of their communities firmly at the centre of their leadership decisions as they navigated uncharted waters with unfailing commitment, intuitively prioritising and providing for those most in need. This was an incredibly humbling and uplifting experience and aided in my own rejuvenation and revitalisation.

One of the greatest gifts of sabbatical was visiting with Mission Sisters and learning more about their contemplative practices and the mindfulness benefits that accompany such. Our foundress, Euphrasie Barbier, maintained a deep relationship with the Trinity; Father, Son and Holy Spirit in communion with each other. Contemplation stems from the Trinity, and is a constant growing awareness that provides accompaniment through life. To date, my leadership journey in a Mission college, and an initially rudimentary knowledge of the contemplative aspect of the charism, has manifested itself in the mantra 'planning for calm'. Constantly reflecting on routines and practices in order to declutter and communicate clarity of vision has been cathartic, and the hidden gem that was cleaning down curriculum in lockdown further revelatory. We have also begun refining the practice of finding comfort in calm, companionable silence when called to prayer, however we have a long way to go in if we are to be deeply contemplative in order that we can slow down our minds and elect to exit the incessant demands of modern life.



Openly Engage with Community

Principal's Peace continued

My personal thanks to the following staff who stepped into acting positions to enable my leave of absence: Mr Andrew Murray, Acting Principal, Mr Jeremy Taylor, Acting Deputy Principal and Mrs Jane Sanfelieu, Acting Leader of Learning Science. Thank you also to Mrs Barbara Costelloe who has held the Long Term Relieving position of Acting Deputy Principal throughout 2020 alongside the Leader of Learning Mathematics responsibilities. The College has been in safe hands and good heart.

The end of the school year was celebrated with our Christmas Liturgy and Junior Prizegiving. These events were wonderful with a number of students participating, showcasing their individual gifts and talents with some incredible performances and achievements celebrated. Congratulations to every performer and every award recipient, and my personal congratulations to every students who has Lived the Mission this year, doing everything they do to the best of their abilities. *Age Quod Agis*.

At Junior Prizegiving two of our Head Girls, Jorja Murray and Cornelia Chan, offered a tribute on behalf of the students to parting Deputy Principal, Andrew Murray, with the entire junior school acknowledging his contribution through our College waiata, Manawa Tapu. The Sacred Heart community is incredibly proud of Mr Murray on his appointment as Principal at St Mary's Wellington. We wish him every blessing and renewal of spirit in reimagining leadership in the tradition of the Mercy Sisters. We have gifted Mr Murray with pounamu, a taonga infused with Manawa Tapu mauri, in order that we remain with him, Living the Mission, always. Mr Murray, we offer you our blessing: do justly, love mercy, and walk humbly with your God (Micah 6:8).

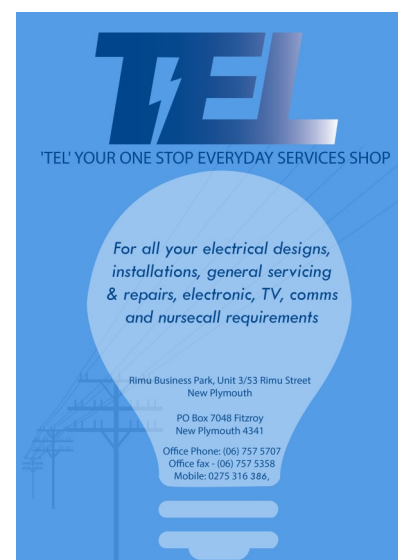
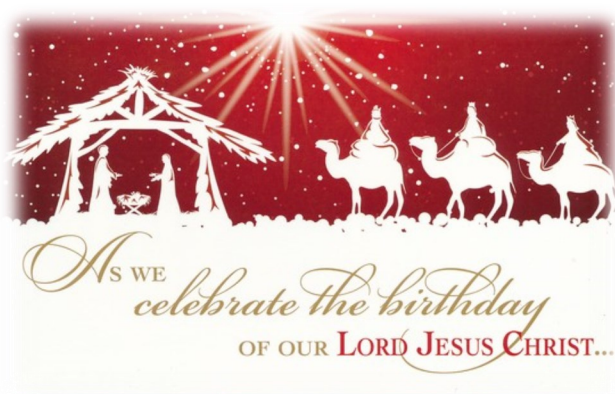


Thank you one and all for an extraordinary year. One that we couldn't plan for, but one we have embraced and made the very best of. We give thanks for the safety of living in an antipodean island nation at the bottom of the world, and the can-do attitude and resilience of New Zealanders who are determined to keep Covid-19 at bay. Be safe, be happy, enjoy the presence of those you love, and celebrate the joy of the birth of Jesus this Christmas.

Te whakahou i te taha wairua.

Ngā mihi nui

Paula Wells
Principal



"Te whakahou i te taha wairua"

"Renewed by the Spirit"

Openly Engage with Community

Deputy Principals

Sacred Heart Girls' College, New Plymouth is delighted to announce the appointment of two new Deputy Principals, following Andrew Murray's appointment to the Principal's position at St Mary's College Wellington, and the earlier appointment of Cath Leger to the Education Review Office. We are proud to be growing exceptional leaders in education.

Barbara Costelloe is currently Acting Deputy Principal with us at Sacred Heart Girls' College, a role she has occupied for all of 2020, as she has on two other occasions within the last five years, providing her with a wealth of experience. Barbara joined the College in 2012, when she was appointed to lead our Mathematics Faculty. Barbara is a lifelong learner, with recent professional growth examples being completing the National Aspiring Principals Programme in 2016 and achieving Te Reo Māori Level 5 with Te Wananga o Aotearoa in 2018. Barbara is a proud first generation New Zealander, having been born in Sweden, and spending her formative years in South Africa prior to landing in New Zealand where she undertook Tertiary Education. Barbara has been appointed to the Schedule 6, Clause 50 position with "capabilities to assist in the planning and organising the courses and programmes at the school to ensure they reflect the special character of the school".

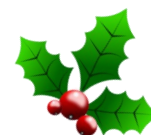


Holly Miller is currently the Head of Faculty English at Rototuna Senior High in Hamilton, where she has contributed significantly to leading curriculum establishment school-wide across the time of her tenure. Holly is described as 'an innovative educational leader who is able to motivate and inspire others'. Holly's philosophy is grounded in her faith, and has a proven record of developing and maintaining positive, caring relationships. A second-generation New Zealander of Macedonian and Scottish descent, Holly has embraced tikanga Māori and undertaken further learning with Te Wānanga o Aotearoa. We look forward to welcoming Holly to Manawa Tapu, and New Plymouth, at the beginning of the 2021 school year.



Christmas Holiday Office Hours 2020/2021

- **Wednesday 9 - Tuesday 15 December**—the office will be open from 9am to 3pm
- **Wednesday 16 December**—the office will be open until midday, then closed for the Christmas break
- **Wednesday 20 January 2021**—the office re-opens from 9am to 3pm



08007532427 np@rjeagar.co.nz www.rjeagar.co.nz



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IN YOUR SKIN

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New Plymouth

06 757 9071
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Nourish Catholic Character

Advent



“A voice cries in the wilderness: Prepare a way for the Lord, make his path straight...”

Mark 1:3

Advent heralds in the church’s new year. This year it began on Sunday November 29. It is a season of waiting, of hope and expectation. We wait as the days get warmer and as the school year draws to a close. We look forward to the summer holidays and time spent with family and friends. This “waiting” can help us to celebrate Advent well.



Today Advent is not a penitential season, as it was in the past, although the official colour for vestments for this season is purple, like Lent. An atmosphere of hopeful expectation permeates the readings and the prayers at Mass as we watch and wait for the coming of Christ. The readings for the season focus on the two advents of Christ: first, the birth of the Messiah, Jesus, in Bethlehem (past); and the second coming of Christ at the end of time (future). The readings also provide us with guidelines about how we can live in the light of Christ (present) as we wait in hopeful expectation for the end times when: God’s kingdom will become a reality; all God’s promises will be fulfilled; all creation will be completed and renewed; there will be no more poverty, sickness or unhappiness; and we will see God face to face.

During the season of Advent, in our Catholic tradition, we make do with less and give generously to those who are less fortunate. Consider having simpler meals on the Fridays of Advent and using the money saved to give non-perishable food items to those in need. These goods can be taken to Mass on Sundays or dropped at the Parish Office to be distributed to the Food Banks and the Men’s Shelter.

As we approach the celebration of Christmas, amid all the busyness and preparation, let us all take some time to wait and watch as we consider how we can better live the Kingdom of God here and now in our everyday lives.

“We are all called to be holy by living our lives with love.”

Pope Francis: Gaudete et Exsultate

Catherine Landrigan
Director of Religious Studies



Nourish Catholic Character

Christmas message from the Boards

This year we have experienced the 'Winds of Change'. It has been a challenging and unfamiliar year, but a year that has seen the strength of the Sacred Heart community pull together even more.

The Sacred Heart Girls' College Board of Trustees and the Mission College New Plymouth Trust Board wish the peace and hope of Christ be with you all this festive Christmas season.

We hope that you all have a safe and happy holiday and enjoy some quality whānau time.

Best wishes for 2021.

Stephen Hill
BOT Chair



Mark Butterworth
MCNPTB Chair



Christmas Mass Timetable

The Catholic Parish of New Plymouth Christmas Mass Timetable



Tuesday 24th December

VIGIL MASS	7.00 pm, Carols at 6.45pm	St Patrick's Okato
VIGIL MASS	8.00 pm, Carols at 7.30pm	St Joseph's New Plymouth
VIGIL MASS	7.00 pm, Carols at 6.30pm	Our Lady Help of Christians
MIDNIGHT MASS	12.00am, Carols at 11.30pm	St Joseph's New Plymouth

Wednesday 25th December

Christmas Day Mass	8.30am	St Joseph's New Plymouth
Christmas Day Mass	9.00 am	Our Lady Help of Christians
Christmas Day Mass	10.30 am	St Joseph's New Plymouth
Christmas Day Mass	10.30 am, Carols at 10.15am	Bell Block Catholic Centre



Openly Engage with Community

Junior Prizegiving



Performing Arts Awards

Molly Powell	Junior Drama Medal For performance & contribution
Lucy Forsyth	Yarrow Trophy For prepared speech Years 7 and 8

Music Awards

Martha-Rose Hagenson	Intermediate Music Medal Classroom attitude and achievement, and co-curricular involvement
Ella Bartlett Sophie Kuriger	Junior Music Medal Classroom attitude and achievement, and co-curricular involvement
Alison Greenfield	Judy Field Cup for the most dedicated and improved musician
Olivia Joyce Carys Read	Trebles Cup for enthusiasm and participation in the Junior Choir

Art and Technology Award

Bethanie Luke	Jean Tempero Memorial Cup for Diligence in Year 10 Computing
Bethany Cook Paige Gunson Danae Hancock Bethanie Luke	123 Tech Challenge Taranaki/Whanganui/Manawatu Regional Winner

Special Character Award

Meliz Cerda	Blanks Cup for Ako, Manaakitanga and Wāhine Toa
Bethanie Luke	Wendy Mulligan Special Character Award—Junior

Special Award

Lucy Howarth	Age Quod Agis For the student who consistently gives her best effort in a range of cultural, arts, sporting, service and academic activities, and who always lives the school motto.
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AGE QUOD AGIS
Whatever you do, do to the best of your ability
I o Mahi Katoa, Mahia

Openly Engage with Community

Junior Prizegiving

Major Awards	
Cassie Colbourne	Kohine Hiranga Cup For General Achievement in Year 7
Juliet Hitchcock Sasha Maclean	Glass Trophy For General Achievement Year 8
Juliet Hitchcock	Taranaki Mathematics Association Award For excellence, interest and enthusiasm in Mathematics in Year 9
Florence Parker	Kohine Autaia Cup Award for Academic Excellence in Year 9
Isla Robinson	Te Taumata For Junior Māori Achievement
Isla Robinson	Smiley Family Cup Award for Academic Excellence in Year 10



Meliz Cerda—inaugural recipient of the Blanks Cup for Ako, Manaakitanga and Wāhine Toa



Bethanie Luke—recipient of the Wendy Mulligan Special Character Award



Lucy Howarth—recipient of the Age Quod Agis Special Award

Openly Engage with Community

Lit Quiz

After a year of Covid-related delays, the Taranaki Regional Heats of this international quiz for readers took place on Monday November 9th with a Year 7 and a Year 8 team representing Sacred Heart and vying against teams from Taranaki and Whanganui schools.



The teams were:

Year 8 – **Amber Cayley**

Juliet Hitchcock

Paige Scannell

Sasha Maclean and Reserve: **Sienna Watson**

Year 7 – **Madison Knowles**

Charlotte Murray

Saskia Smith

Elliana Luke and Reserve: **Briar Croot**

The Year 7 team came second and the Year 8 team came first, being selected to represent Taranaki in the National Finals only six days later at the National Library in Wellington. As well as these great results, the students had a great experience, working as a team and having fun.



From left; Juliet Hitchcock, Paige Scannell, Sienna Watson, Sasha Maclean and Amber Cayley



The National Finals in Wellington involved a long day in the school van and some very difficult questions, but the team performed creditably at this very competitive level and enjoyed the challenge of the competition. Well done, both teams are to be congratulated for representing the school and working so well together.

From left; Charlotte Murray, Saskia Smith, Briar Croot, Madison Knowles and Elliana Luke

Honey for sale

There is still plenty of yummy honey from Eltham Apiaries available from the school office, or by contacting Ross Howarth rho@shgcnp.school.nz

**1kg pot
\$19.00**

Honey sales help to contribute with expenses from the wonderful Year 7 camp that students experienced at the beginning of next year.



Openly Engage with Community

The Sacred Sewing Group

The Sacred Sewing Group is a group of local ladies who are passionate about quilting/patchwork creations. Thanks to the generosity of the Sacred Heart Girls' College Board, we meet in the school's Performing Arts Centre on a Saturday regularly throughout the year. This gives us the perfect large space to show, tell and create.

This year has been a challenging year for all, so our group decided to each make a quilt to donate to Taranaki Women's Refuge. All of these quilts incorporate the same bundle of fabrics.



TARANAKI
WOMEN'S
REFUGE

Openly Engage with Community



Sacred Heart Girls' College
Manawa Tapu

Unite
against
COVID-19

Manawa Tapu – The Golden Rules—Level 1

Unwell?

1. If you're sick, stay at home
2. If you become sick at school, we'll arrange for you to be isolated, and then to go home
3. If you develop flu-like symptoms, caregivers are to contact GP or Healthline 0800 611 116
4. If you're home sick, access your schoolwork on TEAMS



Hygiene and Safe Distancing

1. Sensibly social distance from one another; no touch; no shared breath
2. Wash your hands regularly with soapy water for at least 20 seconds and then dry them
3. Use hand sanitiser provided when you enter and leave classrooms and shared spaces
4. Often touched surfaces disinfected daily
5. The canteen will be open with safe social distancing and food-handling measures
6. Bring your own filled water bottle daily
7. BYOD (Bring Your Own Device) daily, fully charged; including those on loan from school



Routines—Term 4

1. Monday, school finishes 3.20pm
2. Assemblies will be held
3. Tuesday—Friday, school finishes 3.00pm



Especially for Caregivers

1. All visitors please sign in and out at our school office
2. Please keep Pukaka Street traffic-free
3. If your child is sick, please keep them at home
4. If your child is sick, please contact your GP or phone Healthline 0800 611 116
5. If your child is sick, please contact the school office
6. The first point of contact for all other matters is your child's Manaaki/Homeroom Teacher
7. All essential information will be emailed to caregivers, with an APP Alert



Be kind

Unite
against
COVID-19

Openly Engage with Community

Music

Congratulations to our Year 8 Band Pink Pastries on a fantastic performance at BandQuest in Feilding. They came away with Best Keyboard player – **Mary Brown**, and Musicianship award – **Anandhi Saravanan**.

Awesome work girls!



2021 Attendance Dues Information

The compulsory **Attendance Dues charges for 2021** have been confirmed and are as follows:

Primary charge (Year 0 – 8) per child: **\$455.00**

Secondary charge (Year 9 – 13) per child: **\$910.00**



If you would like to make regular payments to spread payment of the total charge over the whole calendar year the amounts **per child** made from the **start of the year** are as follows:

Weekly Payment	
Primary	\$8.75
Secondary	\$17.50

Fortnightly Payment	
Primary	\$17.50
Secondary	\$35.00

Monthly Payment	
Primary	\$37.92
Secondary	\$75.84

For assistance with payment options or to set up a regular deduction, please contact the Attendance Dues team.

We can be contacted on **0800 200 208** or by email: dues@pndiocese.org.nz.

Nurture Hauora

Sports News

Athletics

11 girls donned the Sacred Heart red/white singlet to compete at the annual **Taranaki Intermediate Track & Field Champs**, on Tuesday 24th November. Due to the large number of schools attending, the girls were only able to compete in a maximum of 3 events each, plus the relay. With some technical difficulties on the day, and some events being re-scheduled, the girls all competed to the best of their ability and represented SHCG with pride. Results:

<u>Year 7 Girls</u>	<u>Event</u>	<u>Placing</u>	<u>Time</u>	<u>Event</u>	<u>Placing</u>	<u>Time</u>	<u>Event</u>	<u>Placing</u>	<u>Time</u>
Chloe Gunson	100m	6th heats 3rd Final	15.02s 15.13s	Long Jump	1 st	3.89m	High Jump	5th	1.25m
Kiahn Smithson	100m	19th	16.06s	400m	8th =	1:18.40s	800m	5th	3:08.77s
Charlotte Yates	1500m	6th	6:33.29s	800m	15th	3:18.91s	High Jump	13th	1.15m
Luci Strachan	200m	10th	32.78s	400m	8th =	1:18.40s	800m	9th	3:12.55s
Nayeli Pelletier -Morales				Long Jump	12th	3.19m	High Jump	3 rd	1.33m
Year 7 Girls' 4x100m Relay		8th							

<u>Year 8 Girls</u>	<u>Event</u>	<u>Placing</u>	<u>Time</u>	<u>Event</u>	<u>Placing</u>	<u>Time</u>	<u>Event</u>	<u>Placing</u>	<u>Time</u>
Paige Scannell	100m	2nd heats 2nd Final	14.09s 14.28s	400m	2 nd	1:05.79s	800m	4th	2:48.18s
Sahara Cameron	100m	5th heats 4th Final	14.42s 14.61s	200m	2nd heats 3rd Final	30.11s 30.40s	High Jump	3rd	1.30m
Nevaeh Christensen- Johnston	100m	9th	14.68s	200m	7th heats 8th Final	31.02s 31.64s	Long Jump	2nd	4.03m
Rosie Moffitt	100m	20th	15.67s	200m	13th heats	32.67s	400m	6th	1:13.09s
Tori Hudson				Long Jump	9th	3.64m	High Jump	6th	1.30m
Sahara Mana	Shot Put	9th	7.18m	Discus	6th	17.26m			
Year 8 Girls' 4x100m Relay		2nd							



Nurture Hauora

Year 7/8 Rippa Rugby

This very popular event was rescheduled from May (due to Covid-19) and held on Thursday Nov 5th at the TET Stadium in Inglewood. The tournament ran at a maximum of 80 teams capacity, with the girl's section hosting 21 teams in the main Stadium area. Another wet, drizzly day, but the 5 mixed year 7/8 Sacred Heart teams performed well in the conditions, with two teams winning their pool of 5 and making it through to the semi-finals.

Congratulations to:

SHGC 3 Blue – **Sofia Asi, Jessica Broadhead, Mary Brown, Sahara Cameron, Zoe Gardner, Kayla Hodson, Tori Hudson, Holly Johnson, Courtney Green, Martha-Rose Hagenson, Lauren McConnell, and Libby Robinson**

SHGC 4 Yellow – **Sienna Asi, Mila Berentson, Zoey Blundell, Lucy Cameron, Ava Dyett, Lucia Erb, Meila Gwiazdzinski, Briar Lovell, Sophie Magon, Brianna Mitchell, Mollie Parker and Alyssa Seed.**

Thank you to the Year 7/8 teachers for being stand-out coaches on the day – **Nicola Hill, Andrew McAllister and Erin Yandle.**



PCT Challenge

On Wednesday 11th November, eight lucky Year 7/8 girls got to head off to the TSB Stadium, to have go at the Physical Competency Test that 'police wannabees' must complete before they are accepted into Police College. Another event normally held earlier in the year, resulted in a maximum turn-out in 2020, as intermediate schools were desperate to get their students finally out doing some inter-school sport.

There were two Year 7 and two Year 8 SHGC girls matched with the equivalent from FDMC, and the teams were timed over a set course trying to achieve the fastest time. With a mixture of simulated 'jumping over a creek', 'balancing on a fence', 'climbing through a window', and 'scaling a wall', the team members had to work together to achieve a fast time. Even though none of our teams made the top 20, it was a good day of challenge and activities stepping out of their comfort zones.



For sports news, please contact Ms Aroha Lynch, the Sports Co-ordinator, by emailing her at sport@shgcnp.school.nz, leaving a note with the details on it at the sports office or messaging through the Facebook page SHGC Manawa New Plymouth.



Nurture Hauora

TSSSA Events

Monday 9th November was the start of Modified Sports Week (MSW), and the last lot of TSSSA events for the year. This is an annual week for Year 9/10 students to try various sports with other schools, that are hosted at different venues around the mountain. The idea behind MSW is to provide a non-competitive, social and fun environment for students to try new sports and to spend a day with friends. To ensure everyone finally got to go out after so many junior events had been cancelled this year, and to avoid disruption to teachers, Sacred Heart elected to take a whole year group out for the day.

Day 1 – Volleyball and Ultimate Frisbee, TSB Stadium & Racecourse – all Year 10 girls. Unfortunately, the wind and rain played havoc with this day, and trying to throw a frisbee ‘forwards’ was never going to happen. Well done to all the girls who adapted, played with enthusiasm, and behaved well when stuck inside the Stadium with 400 other colourful, exuberant teenagers.



Day 2 – 3x3 Basketball and Ki O Rahi, TSB Hub, Hawera – all Year 10 girls

After learning about Ki O Rahi in PE this year, this was an obvious day for the Year 10 girls to attend. They were excited to be teamed up with a boy's group and finally get to play proper games. Sadly, the weather conspired against us again, and the heavy rain meant no Ki o Rahi this year. Once again, the girls adapted and subbed their large teams of players in/out each game as the 3x3 basketball got underway inside the Stadium. Thanks to the teachers who accompanied the girls on the buses to Hawera – for some the main reason to join up for the day!



Day 3 – Fast 5 Netball, Waiwhakaiho Courts, NP – all Year 9 girls

The fast 5 Netball day is becoming an annual tradition for entire our Year 9 cohort to make up their own teams, choose a cool name and matching costume and head over to the local netball courts for a fast, modified version of the game. With names like “God’s Golden Girls”, “Our Lady of the fruit loop”, “Charlie’s Angels” and “Hoops I did it again” how could the girls not have fun and enjoy time with friends.



Well done to ALL the teams throughout the week on their great comradery, costumes, inclusiveness to all the year group, and especially for all those girls ‘giving it a go’ in their first TSSSA event – legends! An extra special thank you to all the extra teachers who accompanied the students to these events. I hope you enjoyed seeing the girls excelling in an “Education Outside the Classroom” environment.

Nurture Hauora

Basketball

Congratulations to both **Gemma Walsh** and **Raquel Sampson** who have been selected into the Junior Tall Ferns squad of 22 to attend a Development Camp in Auckland in December.

Well done ladies and good luck!

A huge congratulations to the following students who were in the Taranaki Thunder Women's Basketball team that competed at the inaugural D-League tournament last weekend:

Gemma Walsh, Raquel Sampson, Caitlin O'Connell, Alix Blyde, and Teghan Omelvena-Ngatai.

This is a new event on Basketball NZ's calendar, and aims to develop emerging female players. Held at the Pulman Arena in Auckland, teams from Tauranga, Rotorua and Northland completed the line-up. Beating Rotorua 78-68 in the final on Sunday, the Taranaki Thunder team finished 1st.

Other results were, a win vs Northland 78-62, a win vs Tauranga 78-62, & a loss vs Rotorua 74-68 before the final. Well done girls, a great way to finish the season.



An even bigger CONGRATULATIONS to **Raquel Sampson** as she has just been named in the 3rd Steven Adams High School Invitational. She has also just recently signed with Auburn University, USA to be a student at the Montgomery Women's Basketball Programme starting in July 2021. Best of luck Raquel. We look forward to seeing you named in the Tall Ferns in the future!



Netball

Congratulations to **Hannah Hitchcock** was the only local player selected to attend a Central Zone PULSE Talent Advanced Camp weekend, at the end of October. She travelled to Levin to join 26 other players selected from across the Zone who had already attended the NCZ PULSE camp days held in early October. The camp was for young emerging secondary school players, and consisted of workshops around nutrition, training programme & training load; and on-court sessions provided by our specialist coaches throughout the weekend.

Hannah is pictured first in the front row.



Nurture Hauora

Touch

Congratulations to the following girls who have made Junior, Youth and Senior teams for 2020/21.



City Touch Extender Series Teams: In line with Touch NZ's commitment to the Balance is Better initiative, there were no U12 and U14 Taranaki rep teams this season. Instead the opportunity was offered to any players to attend three Friday night Extender Series sessions, where a much larger bunch of players were given the opportunity to improve their touch skills and game sense.

These teams then competed in the Inter-module tournament in Hawera on Sunday November 15th.

- U14 Girls Blue – **Nevaeh Christensen-Johnston, Carys Read, Alyssa Seed, Tori Hudson.** Asst Coach – SHGC parent Hayden Seed
- U14 Girls White – **Mollie Parker, Libby Robinson, Bella Millar, Rosie Moffitt, Stella Rae.**

Taranaki Youth teams: These teams will compete 2021 Bunnings Youth Nationals, 12-14th February 2021, Pulman Park, Auckland.

- U16 Girls Team – **Louise Blyde, Georgia Meads, Keighley Simpson, Tiani Kensington, Eva Martin**
- U16 Mixed Team – **Tait Whalen.** And keeping it in the family Co-coach – SHGC old girl Finn Whalen & Manager - SHGC parent Collette Whalen
- U18 Mixed Team – **Lucy Blyde, Jorja Simpson.**



Best wishes for 2021