



Living the Mission
through:
Ako
Manaakitanga
Wāhine Toa

Sacred Heart Girls' College

Manawa Tapu

New Plymouth



TERM FOUR

NEWSLETTER

DECEMBER 2019

DATES TO REMEMBER

Tues 28 Jan:
Year 7 Mass at St Joseph's Church, 5.30pm

Tues 28—Wed 29 Jan:
Year 13 Camp

Wed 29 Jan:
Hostel move in day

Thurs 30 Jan:
First day of school for all students, 8.40am Events Centre

Fri 31 Jan:
Year 7 Manaakitanga Day
Year 9 Retreat

Tues 4 Feb:
Opening Mass, 10am in the Events Centre

Thurs 6 Feb:
Waitangi Day

Fri 7 Feb:
School closed

Tues 11—Fri 14 Feb:
Year 7 Camp

Fri 14 Feb:
Year 12 Retreat

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2020 Term Dates:

Term One
Thurs 30 Jan - Thurs 9 April

Term Two
Tues 28 Apr - Fri 3 July

Term Three
Mon 20 July - Fri 25 Sept

Term Four
Mon 12 Oct - Tues 8 Dec



Principal's Peace



Kia ora whanau

Welcome to our December newsletter. It's my pleasure to communicate with community at the close of the 2019 school year as we reflect on the way in which we have lived the Mission in active pursuit of our theme for the year, Living our Lives with Love, Manaaki Tangata. Nowhere better is this encapsulated than in the summary report of our now confirmed external review of Special Catholic Character conducted by the Review and Development Team of the Diocese of Palmerston North. Please find a copy of this [here](#).

It was appropriate to mark the closing of our academic year with Christmas Liturgy, and our Junior Prizegiving celebrating excellence. The musical performances of the Junior Concert Band, Junior Rock Band and The Trebles choir, under the directorship of Robert Greenfield and Philippa Drinkwater respectively, were delightful. Congratulations! The talent and capabilities of every single one of our Wāhine Toa never fails to amaze me, and it is wonderful to gather as community in recognition of each individual's God-given gifts and talents.

This year's prizegiving was punctuated with poignant moments. Our Head Girl, Whakairitaua Stanyon, presented the college with a new taonga on behalf of her whanau, a tukutuku panel named Unity and Peace, dedicated to the memory of kaumatua Rangikotuku and Ngariti Rukuwai. These two treasures of Manawa Tapu will be remembered for supporting the staff and students in the implementation of cultural practices within the special Catholic character of our community. The tukutuku panel, depicting the contribution of Whakairitaua's Koko and Kui, was created by Whakairitaua's grandmother, and daughter of Rangikotuku and Ngaraiti, Rita Rukuwai. Rita added a raukura to the top of the panel, representing Peace and Unity to all mankind, so apt when we consider the historical stance of passive resistance of the peoples of Parihaka, and relevant to 2019 in the wake of our nation's response to the Mosque attacks in responding to hate with love, firmly entrenched in our Catholicity in turning away from sin and believing in the gospel, and following in the footsteps of Jesus.



Unity and Peace

Openly Engage with Community

Unity and Peace

This Tukuruku panel named, Unity and Peace, is dedicated to kaumatua Rangikotuku and Ngaraiti Rukuwai who supported the staff and students to implement cultural practices within the special character of the school.

The meaning of the Panel:

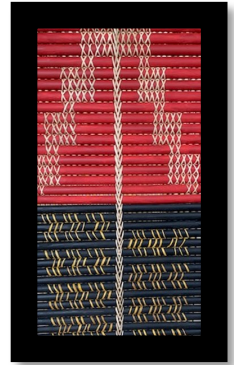
Black and Red panel –The black portrays the darkness, unknown, new beginnings, uncertainty, and the Red signifies life, new journey, acceptance, and understanding. Also the 'Red' the faith in the Sacred Heart.

On the Black is the Taki-Toru meaning communication. Lots of conversations, meetings, group gatherings must happen in order to move forward.

On the Red is the Poutama - stairway / ladder to learning, accepting and practicing Tikanga Maori. It is also the steps for better education, and most importantly the stairway to 'heaven', practising the Christian values.

Combining all this Kaupapa (theme) is the Tumatakahoki which is vertically in the middle of the panel. It ties everything together. At the very top is the Raukura, the one feather representing Peace and Unity to all mankind.

Created and gifted by Rita Rukuwai, grandmother of 2019 Head Girl, Whakairitaua Stanyon



The contributions of a number of faithful Manawa Tapu servants were acknowledged at prizegiving, with departing staff farewelled. Firstly, Year 10 Dean, Melissa Seddon, was acknowledged. Melissa is a dedicated and committed Dean, and it has been a tough decision for her to move out of Deaning in order to concentrate her time and energies into the positions of Director of Sport and Leader of Learning PE and Health. Thank you Melissa for your efforts, and rest assured 'your girls' will be in a very safe pair of hands with Miss Emily Scott in the new year.

Mrs Cathy Quigan has been granted Refreshment Leave in 2020. She is being a courageous Wāhine Toa, and is stepping out of the security of her day job in supporting schools nationally with the implementation of the Digital Curriculum. We wish Mrs Quigan well as she embarks on this new and exciting venture, and thank you to Mrs Kim Goodey for being prepared to step up and take responsibility for e-Learning here at Sacred Heart next year.

Mrs Alison Slater is reducing to part-time hours next year in order to concentrate on further learning. Thank you to Mrs Taryn Gadsby for being prepared to step into the fold as Leader of Learning Social Sciences for 2020.

Miss Hayley Kim has resigned following 10 years' dedicated service at Manawa Tapu. Hayley is moving back to her kāinga in Auckland and is looking forward to being back amongst loved ones and in advancing her career in Mathematics teaching at Howick College. All the very best for the move north Miss Kim and for the exciting adventures that await you.

In the last week of term, the staff enjoyed a very special day in honour of departing Deputy Principal, Mrs Leger with a chapel service, a farewell morning tea and a social event. It was wonderful to welcome members of the Sacred Heart family to the college for these formalities, in recognition of all that Cath has given in her 25 years of dedicated service.



Openly Engage with Community

At Junior Prizegiving, students spoke of Cath and what her contribution has meant to the rangitahi of Manawa Tapu, both past and present, before presenting her with a floral tribute. Cath replied with her parting address, highlighting the things that have significantly changed across her tenure and also commenting on the things that have reassuringly remained the same. Cath communicated that she loves being at Sacred Heart, and that she believes it to be a very good school and a wonderful place to work and learn, and commented that she could comfortably remain. However, she is continuing to grow and learn and is excited at the prospect of the new challenge that awaits her at the Education Review Office (ERO). Cath's ability to analyse data and interpret what numbers are telling us, and then transcend that knowing into a very human response, makes her ideal for the position that awaits her in the new year. The college gifted Cath with a heart-shaped inanga, a translucent pounamu, which was blessed by Matua Hemi and named Ngakau Māhaki, which translates beautifully in encapsulating Cath as 'a gentle and humble heart'. Manawa Tapu is the richer for having Cath as a part of our whanau for 25 years and although she will be missed tremendously we know that her positive, calming influence and huge heart for us will remain. Aroha nui Cath.

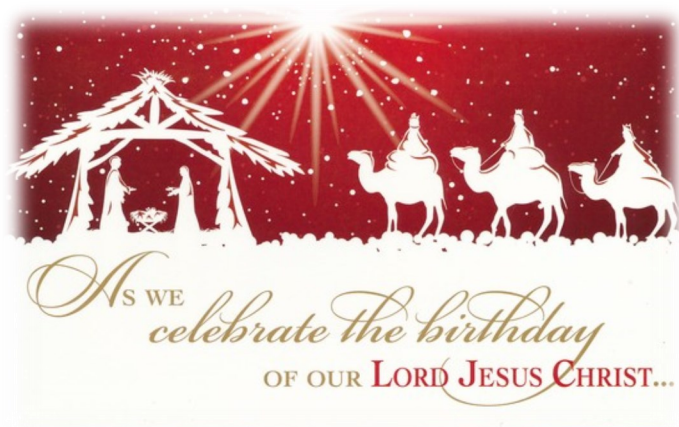


Congratulations to all students who were acknowledged and rewarded at Junior Prizegiving, and to every student of the college who gave of their very best in all pursuits, encapsulating the mantra of the Mission Sisters in 'doing everything that you do to the best of your abilities'. Special mention must be given to the deserving recipients of our two major Special Character award-winners: Briar Dravitzki was awarded the Wendy Mulligan Special Character award and Francesca Carthew was the winner of the **Age Quod Agis** award, for the student who consistently gives her best effort in a range of cultural, arts, sporting, service and academic abilities, and who always lives the school motto. It was particularly poignant when Sister Margaret presented this award to Francesca, for whom prizegiving was her last college event before departing to live in Sydney. Remember Francesca, once a Sacred Heart girl, always a Sacred Heart girl!

Thank you one and all for an exceptional year. Be safe, be happy, enjoy the presence of those you love, and celebrate the joy of the birth of Jesus this Christmas.

Manaaki Tangata

Paula Wells
Principal



Nourish Catholic Character

Catholic Character

“A voice cries in the wilderness: Prepare a way for the Lord, make his path straight...”

Mark1:3

Advent heralds in the church’s new year. This year it began on Sunday November 29. It is a season of waiting, of hope and expectation. We wait as the days get warmer and as the school year draws to a close. We look forward to the summer holidays and time spent with family and friends. This “waiting” can help us to celebrate Advent well.

Today Advent is not a penitential season, as it was in the past, although the official colour for vestments for this season is purple, like Lent. An atmosphere of hopeful expectation permeates the readings and the prayers at Mass as we watch and wait for the coming of Christ. The readings for the season focus on the two advents of Christ: first, the birth of the Messiah, Jesus, in Bethlehem (past); and the second coming of Christ at the end of time (future). The readings also provide us with guidelines about how we can live in the light of Christ (present) as we wait in hopeful expectation for the end times when: God’s kingdom will become a reality; all God’s promises will be fulfilled; all creation will be completed and renewed; there will be no more poverty, sickness or unhappiness; and we will see God face to face.

As we approach the celebration of Christmas, amid all the busyness and preparation, let us all take some time to wait and watch as we consider how we can better live the Kingdom of God here and now in our everyday lives.

“We are all called to be holy by living our lives with love.”

Pope Francis: Gaudete et Exsultate

Catherine Landrigan
DRS



The Catholic Parish of New Plymouth Christmas Mass Timetable

Tuesday 24th December

VIGIL MASS	7.00 pm, Carols at 6.45pm	St Patrick’s Okato
VIGIL MASS	8.00 pm, Carols at 7.30pm	St Joseph’s New Plymouth
VIGIL MASS	8.00 pm, Carols at 7.30pm	Our Lady Help of Christians
MIDNIGHT MASS	12.00am, Carols at 11.30pm	St Joseph’s New Plymouth

Wednesday 25th December

Christmas Day Mass 8.30am	St Joseph’s New Plymouth
Christmas Day Mass 9.00 am	Our Lady Help of Christians
Christmas Day Mass 10.30 am	St Joseph’s New Plymouth
Christmas Day Mass 10.30 am	Carols at 10.15am Bell Block Catholic Centre



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Openly Engage with Community

Board of Trustees



On behalf of the Board of Trustees of Sacred Heart Girls' College/Manawa Tapu New Plymouth, nga manaaki Kirihimete/Christmas blessings.

As the door closes on 2019, many of the reforms signalled in the "Education Conversation", including the NCEA and Tomorrow's Schools reviews have now come to fruition. Your Board, along with Mrs Paula Wells and her team have taken a proactive part in this conversation ensuring the voice of our Manawa Tapu community has been heard at the table. I am pleased to say our views were largely heard! We have done so, as part of our mandate to ensure that every student at Sacred Heart Girls College, New Plymouth has a journey that enables them to reach their true potential, resilient to the slings and arrows cast upon life's stage, ensuring they are fulfilled and engaged contributors in a world of rapid change. Today the only constant is change. Change can be uncomfortable, but as Sacred Heart community/whanau we must be open to change, courageous enough to challenge whether our traditional educational pathways are not only "fit for purpose", but "fit for future". We are working with Mrs Paula Wells and her team and having this conversation. It is always about getting to the Heart of the matter and ensuring each of our students are as best equipped they can be to realise their dreams and aspirations beyond the school gates!

I would also like to thank my Board of Trustee colleagues, Mrs Wells and her team, the Mission College New Plymouth Trust Board, our hard-working PTFA and all who give generously of their time to support our akonga and enrich life here at Manawa Tapu. As they say – "It takes a village to raise a child" and we are truly blessed to have community that are committed to this. Finally we wish you have a safe, relaxing time with whanau, may the peace of Christ be with you".

Stephen Hill
BOT Chairperson



Board of Trustee Members:

Back row from left; Warwick Foy (Staff Rep), Sarah Hall (Parent Rep), Stephen Hill (Board Chair—Parent Rep), Paula Wells (Principal), John Passmore (Proprietor's Rep), Glenn Broughton (Parent Rep).

Front row from left; Tracy Abel (Parent Rep), Sheree Asi (Parent Rep), Ann-Mariya Tomy (Student Rep) and Robyn Walker (Proprietor Rep)

Openly Engage with Community

Junior Prizegiving

Performing Arts Awards

Natalie Shaw	Junior Drama Medal For performance & contribution
Lucy Forsyth	Yarrow Trophy For prepared speech Years 7 and 8
Francesca Carthew	McSweeney-Novak Trophy For Junior speech

Music Awards

Tara Stevens	Intermediate Music Medal Classroom attitude and achievement, and co-curricular involvement
Isabelle Fabish	Junior Music Medal Classroom attitude and achievement, and co-curricular involvement
Katrina Casey	Judy Field Cup for the most dedicated and improved musician
Tori Lilley	Trebles Cup for enthusiasm and participation in the Junior Choir

Art and Technology Award

Ella Clement	Jean Tempero Memorial Cup for Diligence in Year 10 Computing
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Special Character Award

Briar Dravitzki	Wendy Mulligan Special Character—Junior
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Special Award

Francesca Carthew	Age Quod Agis For the student who consistently gives her best effort in a range of cultural, arts, sporting, service and academic activities, and who always lives the school motto.
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AGE QUOD AGIS
Whatever you do, do to the best of your ability
I o Mahi Katoa, Mahia

Openly Engage with Community

Junior Prizegiving

Major Awards	
Paige Scannell	Kohine Hiranga Cup For General Achievement in year 7
Florence Parker	Glass Trophy For General Achievement Year 8
Heidi Johns	Taranaki Mathematics Association Award For excellence, interest and enthusiasm in Mathematics in Year 9
Isla Robinson	Kohine Autaia Cup Award for Academic Excellence in Year 9
Claudia Chan	Taranaki Mathematics Association Award For excellence, interest and enthusiasm in Mathematics in Year 10
Annie Whaley	Te Taumata For Junior Māori Achievement
Holly Kleinsman	Smiley Family Cup Award for Academic Excellence in Year 10



Briar Dravitzki—recipient of the Wendy Mulligan Special Character Award



Francesca Carthew—recipient of the Age Quod Agis Special Award

Openly Engage with Community

Advertising in the Newsletter

We are now offering advertising in the SHGC newsletter and end of year school magazine as a combo deal to the SHGC community.

In the newsletter it is \$200 a year for a business card sized ad and then you can pick from three sizes for the magazine advertising.

1. 1/8 page \$150 black and white or \$175 colour
2. ½ page \$500 for black and white or \$550 for colour
3. Full page \$700 for black and white and \$775 for colour

The school magazine advertising can also be purchased on its own.

Please contact the school office if you are interested in purchasing advertising space.

Office Holiday Hours

Christmas Holidays 2019/2020

- Monday 16 and Tuesday 17 December—the office will be open from 9am to 3pm.
- Wednesday 18 December—the office will be open until midday, then closed for the Christmas break.
- Monday 20 January 2020—the office re-opens from 9am to 3pm.

Building site

Our build project has been progressing well and we expect our new English faculty classrooms to be complete for the beginning of the 2020 school year. These modern classrooms will come complete with new smartboard technologies and will have a light, airy feel with indoor-outdoor flow. We look forward to providing these amazing new facilities to our staff and students.

We will remain a build site with South Coast Construction shifting their attention to building new Science facilities in the ground floor of the main block in the new year. Developed plans have been approved and we are excited by the cutting edge facilities that will allow for flexible, innovative approaches to teaching and learning in Science.

It remains important that caregivers are aware that we remain a build site, and that our traffic management plan is an important aspect of Health and Safety. Thank you for your continued patience and understanding the necessity to drop and collect students from the roadways surrounding the college, and avoid the bottleneck that is Pukaka Street altogether. We will continue to remind you of this as the Health and Safety of our community is paramount.



Openly Engage with Community

Music

Itinerant Music Concert and Prize-giving

On Thursday evening, 7th November in the PAC we held the annual concert featuring our wonderful music students. It was a great evening, with our students again demonstrating the huge progress they have made over the past year in Itinerant Music lessons. We are very blessed to have itinerant teachers who are not only outstanding players, but who share their skills, knowledge and love of music so effectively.

Thanks again to **Jocelyn Beath, Stewart Maunder, Norine Dixon, Phil Cook** and **Mike Harding**.

We are also so lucky to have **Philippa Drinkwater** and **Robert Greenfield** working with our choirs and bands.

The following students were awarded Rock Shop Vouchers for their attitude and achievement this year:

Emma Uhlenberg – Drums

Isabella Bromell – Flute

Olivia Williams – Saxophone

Freya Wano and **Anandhi Saravanan** – Violin

Thea Irys Lacanaria – Guitar. Thea Irys also was awarded the Musicworks Guitar Trophy.

Music Awards:

The Hunter Vocal Trophy – awarded to **Ella Bartlett** for 2019.

The Hunter Instrumental Trophy – awarded to 'From the Heart' – Chamber Music Group: **Lydia McCaul, Yashitha Murugaiyen, Maria Christina Passmore**.

Raewyn Hunter
Teacher in Charge of Music



Openly Engage with Community

Year 9 Options

We are excited to offer some choice at Year 9 in 2020. All Year 9 students will have the opportunity of studying Technology and Arts along with their CORE subjects of Religious Studies, English, Maths, Social Studies, Science, PE and Te Reo Maori.

We want to offer each of our Year 8 students the opportunity to choose which Technology subject they would most prefer and which Arts subject they would most prefer.

Emails that included a link to a FORM, were sent to all caregivers with information about what is offered at Year 9 in 2020. Year 8 students have had the opportunity to listen to each of the offerings at a meeting held at school and they have experienced each of the subjects through modules learning in Year 7 and Year 8. Students are therefore well equipped to have an insightful conversation about which choice might be best for them. The Technology option subject will be a year-long choice. The Arts choice will be a Term 1 and Term 2 commitment with another choice being made for Terms 3 and 4.

We will try our best to ensure students get their first choice but this cannot be promised as we may need to even out class sizes.

If you have any questions please direct them to either Kim Greig, leader of the Technology faculty (kgr@shgcnp.school.nz) or Bridie Steele, leader of the Arts Faculty (bst@shgcnp.school.nz)

Uniform

Uniform 2020

We are pleased to announce that the approved shorts and trousers have been accepted as part of the Sacred Heart Girls' College school uniform. They can now be purchased through our uniform supplier Campus Clothing.

The shorts can be worn by students from Year 7, with the trousers being available for senior students to wear from Year 11. The trousers may be worn as part of our formal school uniform.



Campus Clothing, 94 Gill Street, New Plymouth — Ph 769 5504 — www.campusclothing.co.nz

40 under 40



Each year the University of Auckland releases 40 under 40 – a list of 40 of the most inspiring, up-and-coming young alumni who are changing the world in their respective fields. Split into six categories – Business Leaders, Disruptors and Innovators, Entrepreneurs, Humanitarians, Influencers, and Performers – this year's list is one of the most varied yet, and includes Sacred Heart's Tessa Gould.

While growing up in New Plymouth had its advantages, she always had an innate sense that "there was more out there just waiting to be discovered."

New York was top of the list of places she most wanted to live. Problem was she had to figure out a pathway that would get her there, and New Plymouth was about as far from the Big Apple as it was possible to get. Read more here:

<https://www.auckland.ac.nz/en/alumni/our-alumni/40-under-40/40-under-40-2019-business-leaders/tessa-gould.html>

Openly Engage with Community

Volunteering

Bethanie Lovell has been volunteering at New Plymouth Community Foodbank this year. I wanted to acknowledge her support and let the school know that she has proven herself to be trustworthy, reliable and dedicated and she is empathic and mature in her dealings with staff, volunteers and clients.

Bethanie has been helping out during the school holidays and will turn up most days we are open to tackle any task we give her; she is also very good at finding something to do and works hard. We love having her here and wanted to let her school know about the work she is doing with the foodbank.

Regards

Sharon Wills
Manager



Bethanie Lovell



WITT Taranaki Science and Technology Fair Manager

WITT Taranaki Science and Technology Fair: Could you be the new Manager?

The WITT Taranaki Science and Technology Fair committee is on the lookout for a new Fair Manager and they're extending an invite to the Taranaki community to get involved.

The Fair has a long history of promoting Science and Technology in the region, and has expanded to include around 40 sponsors and almost \$20,000 in prize money in 2019. The Fair provides opportunities for young people to undertake projects and engage in unique learning experiences that are about more than just science. Science and Technology Fair Convenor Jane Sanfelieu said the committee is hoping to recruit a new Fair Manager before Christmas.

"It's a role that would suit a dynamic and well-organised person with an interest in community events, but they don't necessarily need to have a background in science or education" she said.

"People skills, relationship management, and a drive to continuously improve are important to the role. Computer skills are also a must-have."

Jane said the role is almost full-time in the month leading up to the Fair, held in August, and it requires part-time coordination throughout the year.

"The Fair Manager receives a stipend rather than a salary, so this sits nicely between voluntary and paid work. It might suit a person, or couple, who is now retired and has the time to dedicate to the Fair's success."

Terry Stowers, the passionate and dedicated Fair Manager of the last decade, has this year decided to step down from the role. Over the last ten years, the hard work and energy that Terry has put in has seen the Fair expand and become more streamlined.

"This is a really rewarding initiative to be part of and you will have plenty of support from an experienced team," Jane said. "I would encourage anyone with an interest in supporting the curious minds of our future to get involved."

If this sounds like you, or someone you know, don't hesitate to get in touch with Jane on 0212 948440

Registrations of interest can be sent with a CV and cover letter to Jane (Chair) at jsa@shgcnps.school.nz or PO Box 3337 New Plymouth.

Media Enquiries contact:

Gemma Rutland
g.rutland@witt.ac.nz
06 757 3100 extn 8760



Strengthen Learning and Teaching

123 Tech

This is the second year we have been involved with the 123 Tech challenge. It is an amazing competition that, embodies everything the new strands of the Digital Technologies Curriculum is trying to achieve. It asks students to look around their community and take action to solve the problems they see. It provides the authentic context necessary to develop a wide range of skills, both technical but more importantly the so-called “soft” skills of communication and collaboration.

This year we brought four teams to the Regionals in Palmerston North. The projects included:

- a Cat Tracker for the school cat who kept getting locked into classrooms on long weekends
- a house-coloured bin lid programmed to count the bits of rubbish as they go in and assign House Points accordingly (House events have been fiercely competitive this year)
- an app to beat the queues and allow students to order food at the school canteen online
- Medicate, a safe box for medication to help combat under and overdosing

All of these projects were developed and completed using BBC Micro:bits and the Elekfreaks Tinker Kit as well as more than a little ingenuity!

The last two projects qualified for the National event in Wellington; Medicate as the judges' Wild Card. Their idea was based on one of the students needing to take regular medication and often forgetting. They researched and found that under and overdosing was a big issue, especially amongst the elderly. The box is programmed to open at set times so the patient can only take medication as prescribed. Once opened, it resets and an alarm will sound if the box is opened too early.



The girls (**Eve Hagenson, Anya Darling, Nell Brown and Ellesha Taylor**) wowed the judges with their idea, their research but mostly with their presentation. They took out the Senior Secondary category winning \$1500 for the school to spend on digital technologies equipment and a cash prize for the girls also.

They fully deserved the accolades. They had an idea, developed it, failed, changed it, tested it, failed, tested it again ... they did not give up. They lived and breathed the iterative design process over the course of a term to solve their issue.

It was very cool to see so many girls involved in 123 Tech this year. This competition, and others like it, provide a fabulous platform to inspire girls to pursue careers in technology. The more schools that get involved, the more we can begin to empower our girls to make change in our world.

Cathy Quigan
TIC Digital Technology

Congratulations



Nurture Hauora

Whilst we enjoy sharing in our students' successes, we are currently streamlining our newsletter in response to community feedback. We will not be replicating the sharing of some sports results and achievements if they have already been published in other medium, such as Facebook.

If you have any queries regarding sport at the college, please contact Ms Aroha Lynch, our Sports Co-ordinator, by emailing her at: sport@shgcnp.school.nz

TSSA Modified Sports Week

Monday 11th November saw 8 teams (67 girls) of Year 10 girls travel to Stratford for 'Flags' - the first event of the 2019 TSSA Modified Sports week. This week is all about giving new sports a go, doing something different with your friends, and participating rather than worrying about performing. The girls all got into the spirit of the event by organising team names (Untouchables, Flag Kwens, Yeah the Girls) and team costumes. If we forget about the strong Stratford southerly that blew the gazebo end-over-end :) ... it was a great day in the sun, down in Stratford for everyone.



Thursday of the same week saw 42 Year 9 girls organising their own team-mates for 'Fast 5 Netball' at the Waiwhakaiho Courts. Once again, our girls outdid themselves with their team names (Purple Power, Sisters, Dream Team) and crazy colourful costumes. Another hot day in the sun, especially for the Condors girls who were running the sausage sizzle as a fundraiser.

NZSS Track & Field Champs

Congratulations to **Zoe Hall** who was the sole Sacred Heart representative at the NZSS Champs, held in Wellington over the past weekend. Zoe competed in the Junior Girls section:

Sat morning - 80m Hurdles- finishing 6th in her heat with a time of 14.79

Sun morning - Triple Jump – with a jump of 9.07m, placed her 24th in that event

Sun afternoon - Javelin – with a throw of 29.21m, finished a fantastic 5th place



Well done Zoe, on your efforts!

PE/SPORTS Facebook page

We have set up specific Facebook page for the PE/SPORTS Department called *shgc Manawa New Plymouth*. Please add us as a friend so we can keep you in the loop on what's happening in this area of the school.



Nurture Hauora

Intermediate Track & Field Champs

This was held on Tuesday November 27th at the TET Stadium in Inglewood. There were 22 year 7/8 athletes who competed in the red and white of Sacred Heart to the best of their ability. There were over 330 athletes competing on the day, and unfortunately, they ran out of time to run the most anticipated event – the relays! The girls performed very well, but a special congratulations to the following for their top results, in their events/ finals:

- **Bella McEwan, Louise Blyde & Emma Stanley** who made the final of the Girls Year 8 (G8) 100m, and finished 3rd, 4th & 7th respectively
- **Hannah Lobb, Florence Parker, & Louise Blyde** who qualified in the 200m final of the G8 200m – battling each other down the home straight, finishing 2nd, 3rd 4th, respectively
- **Rosie Moffit** who ran in the Girls year 7 (G&) 200m final – finishing 7th; 5th G7 400m
- **Paige Scannell** – 1st G7 400m, 3rd G7 800m, 3rd G7 1500m
- **Silvia Hunter-O'Brien** – 4th G7 Discus
- **Sienna Watson** – 4th G7 Long Jump
- **Belle Carthew** – 4th G8 400m, 2nd G8 800m
- **Louise Blyde** – 1st G8 Long Jump
- **Bella McEwan** – 1st G8 High Jump



Cricket Primary School Nationals

On Wednesday Nov 20th, the Intermediate A cricket team flew down on an all-expenses paid trip to the NZ Cricket High Performance Cricket Centre, at Lincoln University. They had qualified to represent as the top team from the Central Districts region, during tournaments in Term 1. This was the second year in a row that a Sacred Heart team was the top qualifier, so most of the team knew what to expect this year.



Although the results didn't go their way this year, it was a great experience for all the girls. They also met some White Ferns players, which hopefully inspired them to continue up and onwards on their cricket pathway.

Congratulations to **Nellie Chapman** who was also named at the non-travelling reserve for Central Districts u19 team to attend Nationals later this month in Lincoln.



Football

Holly Kleinsman was selected in the Central Football U15 Girls regional team to contest the National tournament in Wellington starting this weekend.



Nurture Hauora

Indoor Netball

Congratulations to the following girls on their selection in the Taranaki age group rep teams. They will travel to Auckland in the January holidays to play at the Junior Nationals tournament.

- 15 and under Mixed: **Hannah Hitchcock, Lilian Syrus, Tayla Macleod, Zoe Hall**
(Non-travelling reserves: **Olivia Hesselstine, Demi Hudson, Nina Syrus**)
- 13 and under Girls: **Alyssa Seed, Tori Hudson**
(Non-travelling reserves: **Stella Rae, Freya Stolte, Nevaeh Christensen-Johnston**)



Rugby 7s

Our U15 Rugby 7s team competed in the national Condor 7s tournament at the very flash facilities at Kings College, in Auckland from Thursday Nov 28th - 29th. The team had a fantastic tournament with the following results during Thursday's pool play: vs Whangarei Girls' High – win 24-20 (great game to start the tournament); vs Trident High School – loss 5-29 (against a very skilled and much bigger Trident team); vs SHGC Hamilton – win 26-7 (a great battle of the 'Sacreds' as the commentator kept saying!). This qualified the girls as second in their pool, and on points differential were the 10th best team (out of 24), so just missed out on being in the top 8 finals.

They were grouped into the Bowl section for play-offs on Friday (teams 9-16th places). A great first up quarter-final win against Cambridge High – 24-10, saw them easily into the semi-finals. Here they were up against Kerikeri High, but easily overcame them in the soaring heat to win 50-7. This set them up for the 9-10th Final vs Howick College – the team they had lost to in the NZ Sevens tournament final in September. Unfortunately, the girls ran out of steam, and once again were up against a much bigger, stronger and rugby-skilled team. The final score being 26-0 to Howick College, Sacred Heart finishing a very creditable 10th place, when competing at this tournament for the first time. Things are looking great for Rugby 7s at Sacred Heart in 2020, as the current year 8 rugby players move through, and will be eligible for these secondary school tournaments.



Touch

Best of luck to the Sacred Heart team travelling to Rotorua for the NZSS Touch Nationals, on Thursday December 12th. This is the first time for a few years that we have sent a team, who will compete in the NZSS Girls Grade, over the upcoming weekend.



We wish **Alix Blyde, Lucy Blyde, Olivia Hesselstine, Aaliyah Kere-Rako, Tayla Macleod, Georgia Meads, Jorja Simpson, Keighley Simpson, Campbell Smith, Finn Whalen** and **Tait Whalen**, all the best as they don the red Manawa Tapu singlet. Keep an eye on the sports Facebook page for the team's result across the tournament.

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Homestays Required

HOMESTAYS REQUIRED FOR INTERNATIONAL STUDENTS

Caring families required to be homestay hosts for 2020.

For information about remuneration and details, please contact the International Student Co-ordinator, Margie Smith on:

Phone: (06) 753 7457 or 021 828 683
Email: international@shgcnp.school.nz

