



*Living the Mission
through:
Ako
Manaakitanga
Wāhine Toa*

Sacred Heart Girls' College

Manawa Tapu

New Plymouth

TERM THREE

NEWSLETTER

SEPTEMBER 2019

DATES TO REMEMBER

Thurs 26 Sept:

School finishes 3pm;
GEMS INTERVIEWS -
Yr 7-8, 9am-8pm
Yr 9-13, 4-8pm

Fri 27 Sept:

GEMS INTERVIEWS -
All day Yr 7-13, 8.30—
4.30pm

Tues 22 Oct:

Sports Prizegiving
Events Centre, 6pm

Wed 23 Oct:

Māori/Pasifika Graduation
Staffroom, 5.30pm

Mon 28 Oct:

Labour Day

Tues 29 Oct:

Senior Prizegiving
Events Centre, 7pm

Wed 30 Oct:

Thanksgiving Mass
Events Centre, 10am

Wed 30 Oct:

Y13 Leavers' Dinner
Devon Hotel, 6.30pm

Thurs 7 Nov—Mon 2 Dec:

NCEA Exams

Fri 15 Nov:

Staff Retreat

Tues 19—Fri 22 Nov:

Year 9 Camp

Mon 2 Dec:

Orientation Afternoon
Events Centre, 1pm

Wed 11 Dec:

Junior Prizegiving
Events Centre, 10am



Principal's Peace



Kia ora whanau

Welcome to our September newsletter, and the final days of Term 3. It was a joy to celebrate Founder's Day on Wednesday with a wide range of stunning college events.

We celebrated Mass at St Joseph's Church and were delighted to have Mission Sisters join us on this day when we give thanks to our Foundress, Euphrasie Barbier, and to all of the Mission Sisters, for the opportunities they have provided in bringing Catholic education to all in the Mission schools, not only to we privileged few here in Aotearoa, New Zealand, but right around the globe with Euphrasie's Mission extending into parts of the world where access to an education, particularly for girls, is a privilege in itself. We give thanks for the gift that is the Mission Sisters, and for their example in being quietly strong, resolute, pioneering and deeply contemplative faith-filled examples to us all.

One of our strategic aims is to, In a Culturally Responsive Way, Nourish Catholic Character. Our special Catholic character environment allows and encourages the mysterious working of the holy spirit, and we are privileged to meet one another in the place we personally occupy in our faith journeys in any given moment in time. This Founder's Day we celebrated 16 students' call to the sacrament of First Holy Communion. Thank you to their parents for supporting this in occurring, and for allowing us to share in this special moment in these young women's lives. Thank you to our Chaplain, Carole Tipler, for preparing the First Communion candidates, and for walking with them on their journey.

Our gift to community on Founder's Day was decided upon by our Deputy Head Girl, and Special Character Leader, Anna Waayer, along with the help of the Catholic Character Council. The group chose to emulate the work of the Mission Sisters, in quietly doing good for those in need, and were encouraged to consider those who might require assistance at home, in our own community. Students were invited to donate items that have been distributed to Women's Refuge, Foodbank, Marfell Primary School Breakfast Programme and Spotswood Primary School. These donations are greatly appreciated by the recipients, with the items making an immediate positive impact.

Father Tom Lawn celebrating
our Founder's Day Mass



Openly Engage with Community

As has become tradition, Founder's Day concluded with our annual House Drama, with talented interpretations of the gospel expressed through the art of movement. The gifts and talents of our Wāhine Toa continues to be a source of amazement and inspiration, along with some delightful humour bringing hilarity and enjoyment to our special day.

Over the last two days of term, parents and students have been attending GEMS (Goals Encourage Mana and Success) conferences. Tracking learning, reflecting on progress towards achieving goals and undertaking pathways planning, including subject selection, has been occurring and it has been incredible to see the number of caregivers attend, fully involved in meaningful conversation around what is the best course of action, and associated support mechanisms that might be required, for each individual. Your attendance is greatly appreciated and hugely beneficial, ensuring strong connections and shared understandings.

Our senior students have made the realisation that there is very little 'school time' left this year and will be finishing internal assessments and preparing for external examinations, with our Class of 2019 also adjusting to the fact that they will soon be transitioning into a new phase in their lives. Please keep an eye on our timeline of events so you can plan to join us for end of year events and celebrations. Please be reminded that these end of year celebrations creep up on us very quickly this calendar year, with Senior Prizegiving scheduled for the Tuesday evening directly following Labour Weekend.

The college continues to be in the position of extreme roll pressure. This term we have been conducting enrolment interviews of Preference students and are applying our Priority in Enrolment Procedure in discerning places in the college for 2020 presently. The Proprietor has decided that we have no choice other than to re-apply to the Ministry of Education for a roll increase, and we are currently consulting with local schools regarding our position prior to lodging such an application.

Further in this newsletter, you will find information regarding the formation of a Health and Sexuality Curriculum Statement. This is a requirement of the Ministry of Education, which needs to be written in consultation with caregivers. In the drafting of our statement we have taken every care to ensure that we have adhered to the recommendations of the New Zealand Catholic Bishop's Council and the New Zealand Catholic Education Office (NZCEO). As part of our consultation with you, you will be emailed a copy of the draft statement, along with a survey link in the school holidays. You will also see on page 6, an invitation to attend face to face consultation on Monday the 14th of October, 7pm in the staffroom. Thank you to the PTFA for hosting this session.

Our building project is now well underway. Thank you for responding to messaging around safe access onto and through the school site. It continues to be important that vehicles only access the school site when absolutely necessary as there is very little room with single-lane access and a bottle-neck driveway. Please, please, please drop off and collect your daughters from the streets surrounding the college and avoid Pukaka Street altogether. Students are more than able to walk the short distance onto the school grounds and should be encouraged to use a raincoat or umbrella if it is raining. We are continually asking for your support in this and emphasise that it is a request made with the safety of our students being paramount. There is limited accessibility parking at the front of the administration area for those who require it.

All the very best for a rejuvenating and restful spring holiday break, and a special note of encouragement goes out to our Senior A Basketball side who continue their campaign with National Secondary School Finals. I know they'll do Manawa Tapu proud!

Manaaki Tangata

Paula Wells
Principal



Openly Engage with Community

Congratulations



A rose ceremony was held for our Senior A and Junior A Basketball Champions from Winter Tournament. See page 14 for further information.



A Starlit Lunch with Toni Street

Sunday 27th October 2019
11.30am to 2.30pm

The Grand Auditorium, The Devon Hotel, New Plymouth
\$80 per ticket or \$640 for Table of 8

Ticket includes:

Two course lunch

Entertaining Q&A with Toni Street, hosted by Matt Rikoff

Complimentary glass of bubbles on arrival

Live and silent auctions

Tickets: gabbysstarlit hope@gmail.com or Melissa 021 454 338

Thanks for your support as all proceeds raised from this event
will fund Gabby's Starlit HOPE's Random Acts of Kindness



Kindly Supported by

Gabby's Starlit HOPE's photos
in Timeline Photos

Hope

Excellence

Acceptance

Respect

Together

Openly Engage with Community

Admin Info

Donations

A big thank you to the parents that have paid their daughter's school donation and to those parents paying theirs via AP or DD. It is not too late to start paying; even small amounts are greatly appreciated.

Being a Decile 8 State Integrated School, Sacred Heart Girls' College receives less funding from the Ministry of Education than the other state high schools in Taranaki. Sacred Heart is reliant on parents paying their daughter's school donation to account for the shortfall in our funding to ensure we provide high quality education in a high-quality, modern environment for your daughter.

The Proprietor's portion of the school donation goes to funding upgrades to the school property such as the turfing of the school courts this year and the building upgrade project that started in September, more on this below.

All donations paid to Sacred Heart qualify for a 33.33% tax rebate from the IRD, the school sends out these donation receipts after 31 March each year. If you have not received yours for 2019 please contact the school office and we will arrange for this to be sent to you.

Property

On September 9th 2019, the Proprietor of Sacred Heart began Stage One of a multi-stage project to upgrade the school buildings. Stage One gives the English department new modern classrooms, moving them to the block to the left of the driveway, just past the office. Stage One is expected to be complete in January 2020 in time for the start of Term 1.

Due to the construction, parking and vehicle movements will be extremely tight within the school and Pukaka Street. We ask that all parents please drop off their daughters on Paynters Ave or the surrounding streets. During construction (September 2019 to January 2020), please do not drive in to the school grounds or Pukaka Street during school hours, if it can be avoided. If your daughter is injured and needs to be dropped off outside the school building, please contact the office so we are aware of this. Student pick ups for appointments during the school day will continue as usual and parking for this is restricted to the limited parking outside the school office only.

We still have a number of caregivers dropping off or picking up their daughters from Pukaka Street, despite repeated App messages. Pukaka Street is a no stopping/parking zone from 8.15am to 4pm; this is monitored by the NPDC. Additionally, as the street is very narrow, cars turning around is a health and safety hazard to both students and staff trying to enter and exit the school. Please have whomever is transporting your daughter by car drop off and pick up from Paynters Ave, or the surrounding streets. Thank you.

PE EOTC Donations

PE EOTC Donations were accidentally missed off the students fee invoices at the beginning of this year. These donations have now been added and statements sent out to all affected families. We apologise for this oversight and we would greatly appreciate it if these donations could be paid as soon as possible. For those paying by automatic payment these donations will be covered by your regular payments.

Office Holiday Hours

Monday-Wednesday:	the office will be open both weeks between 9am and 3pm
Thursday-Friday:	the office is closed both weeks

Openly Engage with Community

Board of Trustees

Stephen Hill, BOT Chairperson, presented flowers to **Cornelia Chan** and thanked her for her great contribution during her term as student representative. The Board has valued Cornelia's participation, energy and interest she brought as a student representative.



Congratulations to **Ann-Mariya Tomy** who officially takes the role of student representative on Friday 27 September, for the next annual term on the Board.



Cornelia Chan and Stephen Hill

2019 Declaration of Student Election Results:

CHAN, Cornelia	121
TOMY, Ann-Mariya	176

I hereby declare Ann-Mariya Tomy duly elected.

Mrs Denise Stachurski
Returning Officer



Attendance Dues Notice – September 2019

We thank all the families who have already paid or have a payment arrangement in place for their Attendance Dues.

Attendance Dues statements are being sent by post in the first week of September, requesting payment of the 4th and final instalment for 2019, plus any arrears from the first three instalments and/or previous years, by the **30th September 2019**, if a payment arrangement is not already in place.

The instalment amounts are:

\$111.75 for each Primary student (Year 0 – 8) and

\$223.50 for each Secondary Student (Year 9 – 13).

If a regular payment plan would be the best option for you please contact the Attendance Dues team – Marcy, Susan and Mark – **before the 30th September** to discuss payment options. Our contact details are: **0800 200 208** or by email: dues@pndiocese.org.nz

One-off payments by credit card or debit card (Visa or Mastercard only) can also be made using our website: www.pndiocese.org.nz/education/dues.

Nourish Catholic Character

Catholic Character

Social Justice Week 2019 8th – 14th September

He Tika, Ki tō titiro?

Fair, you say?

Social Justice Week was established by the New Zealand Catholic Bishops' Conference in 1997 as an ongoing commitment in the Catholic calendar to take time to consider, reflect and take action on a particular current social justice issue in the light of Catholic social teaching. This year, the theme for Social Justice Week was: *Fairness*. "Fairness is about giving people their due, what is due in justice to them, as fellow human beings, as children of the one God who created us all."

Julianne Hickey

"We are reminded of Mother Teresa's words, 'Not all of us can do great things. But we can do small things with great love.' Jesus himself was well aware of the power of small steps. He would constantly use small, seemingly mundane moments and encounters to heal those whom he met along the way of ordinary daily life, bringing to them great renewal of purpose and life. We too are called to do our part, however small, to bring fairness and hope into our world."

NZ Catholic Bishops' 2019 Social Justice Statement

Mother Teresa
THE APOSTLE OF LOVE



Our College theme for the year, "Living our lives with love," reinforces that, at its core, love is "active in nature and selfless in direction." As children of God, we are united by our common humanity, created in the image of God, and called to live in active love of others. We are challenged to think deeply about the injustice caused by discrimination, the state of the environment, poverty, the housing and rent crisis, the struggles of refugees and migrants – the list goes on.

Na, ko ngā mea katoa e pai ai koutou kia meatia e ngā tāngata ki a koutou, meatia hoki e koutou ki a rātou.

Matiu 7:12

Do to others what you would have them do to you

Matthew 7:12

Catherine Landrigan

DRS

Health Education

Boards of Trustees are required to produce a written statement about how the school will implement Health Education under the requirements of the Education Act 1989 (Section 60B). In order to do this, schools must:

- Inform the school community about the content of the Health Education components of the curriculum.
- Consult with members of the school community regarding the way in which the school should implement health education.
- Describe, in broad terms, the health education needs of the school's students.

In a Catholic School, the teaching of the Health Curriculum must be consistent with Catholic Church teaching. The Health Education community consultation at Sacred Heart Girls' College will commence shortly:

1. All parents will be emailed a copy of the draft statement in the delivery of Health, along with a survey in the first week of the school holidays.
2. A parent information evening will be held in conjunction with the PTFA October meeting – **Monday October 14th, 7pm in the staffroom.**

Nourish Catholic Character

The Sacrament of Eucharist

For Catholics, the sacrament of the Eucharist, the sacred meal whereby we break bread and share the one cup, is the paramount sign of our unity with and in Christ. It has been described as “the source and summit” of the Church’s life. When we receive the Eucharist, we believe that we receive Jesus in an extraordinarily intimate way: we take him into our very beings in the form of food and drink. In doing so, we remember the way he died for us and rose again to lead us into eternal life.



Over the past six weeks, a group of sixteen students have prepared to receive the Eucharist for the first time under the guidance of our Chaplain, Carole Tipler. Congratulations to: **Gina Brown, Bryah Edwin, Dae Sharn Ewans-McMahon, Ryley Forde, Emily Goodeve, Chonti Haigh, Simone Heath, Jordhan Hooper, Aaliyah Kere-Rako, Jessica Knowles, Sahara Mana, Jorja Philips-Hall, Neviah Raumati, Reiley Simmonds, Matilda Willson, Charlotte Wimsett.**

We were delighted to celebrate this milestone in your faith journey with you and your families at our Founder’s Day Mass.

Sr Lidwina and Sr Colleen

Lidwina van Beers and **Colleen Morey** gathered in the St Mary’s Convent Chapel on Saturday 17 with about 70 sisters, family and friends. Bishop Denis Brown celebrated the Eucharist marking the 60 years of Consecrated Life lived by Colleen and Lidwina. Margaret Monaghan spoke in thanks to Lidwina while Colleen Edgcombe congratulated Colleen.

A wonderful light lunch was enjoyed, with lots of fun and chatter as old friends re-connected and Colleen and Lidwina enjoyed the time with their families.



From left; Sr Lidwina, Bishop Denis Brown and Sr Colleen

Congratulations

Priestly Jubilarians’ Mass

The annual Priestly Jubilarians’ Mass will be celebrated at the Cathedral of the Holy Spirit, Palmerston North, on Wednesday 2 October at 5pm. This will be followed by hospitality in the Cathedral gathering area, providing an opportunity for Jubilarians and other priests to meet with parishioners and visitors. Everyone is welcome to attend and to be part of this joyful celebration!

The Jubilarians this year are:

Bishop Owen Dolan	65 years	Father Peter Fahy	50 years
Father Max Palmer (Kopua)	60 years	Father Neal Wilson SM	50 years
Father Michael Lloyd	55 years	Father Karaitiana Kingi SM	50 years
Father Bill Casey (RIP)	50 years	Father Nicho Verkley (Kopua)	45 years
Monsignor David Bell	50 years	Father Barry Scannell SM	25 years

Nourish Catholic Character

Founder's Day Mass

On Wednesday 25 September we celebrated Founder's Day Mass at St Joseph's Church.



Pictured right; Mrs Manning and her Food Technology students, along with parent help, Toni Widdowson. Local kai was a big part of the beautifully presented morning tea prepared that was enjoyed following Mass.



Events following on from Founder's Day Mass:

Pictured left; House Drama

Pictured right; Tug of War



Strengthen Learning and Teaching

Methanex Maths Spectacular

The Methanex Maths Spectacular Quiz was held on Wednesday 14th August at The Plymouth, for Year 7 to Year 10 students. We entered two teams of 4 students at each year level.

Congratulations to our prize winners. One of our Year 10 teams came 3rd and we won 1st place in the Year 9 competition.



Year 9 team (1st place) from left; **Heidi Johns, Inês Palmer, Bethanie Luke and Lucy Howarth**



Year 10 team (3rd place) from left; **Lea Klampfer-Edgcombe, Hannah Hitchcock, Sophie Gower and Alice Nicholls**

WANTED! Second-hand Graphics calculators in good condition.

We are offering to pay \$40 per calculator. Students should see Barb Costelloe or Kim Goodey, or their Maths teacher if they would like to sell their calculator to the school.



Congratulations to the following students for participating in the University of Canterbury Kiwi Maths Competition for Year 9 and 10.

Claudia Chan gained Merit and **Hannah Hitchcock, Maria Christina Passmore, Tara Stevens** and **Heidi Johns** all gained Achieved.

Pictured from left; Heidi Johns, Claudia Chan, Maria Christina Passmore, Hannah Hitchcock and Tara Stevens.



Strengthen Learning and Teaching

Science

As part of our NZ Young Farmers sponsored “Bigger and Better” farming unit, 7M visited the Coogan’s sheep farm MataRata Downs to experience first-hand “life on the farm”.

During the visit, students got to ask plenty of questions, feed the new born lambs and watch Jake and George round up a mob of sheep.

We were also lucky enough to be caught up in the filming of a Country Calendar episode which will go to air on November 3rd.



I most definitely had the best day of my life visiting the Coogan family farm in Tarata. I repeated this phrase many times during this visit. Just ask Mr Taylor. The ride there and back was not that pleasant, but I survived. We arrived to the camera man and crew, with Sarah and Jarred Coogan close behind. We started off with a greeting to the farm with also some tips from the crew to NOT look at the camera, that was maybe the hardest part. We had a question volcano as students fired flaming rocks of questions at the farmers. They replied with floods of great answers. We sighed with great pleasure as we witnessed the everlasting cuteness of the clueless lambs. We went walking across the gravel road to the bull paddock to see the 4 bulls. Some of us headed over to throw hay, but then a near disaster happened. A block of hay landed on one of the bulls. It raced around to eat it off its back and George tried to herd them back up again. They ended up crashing into a heap and almost crashed into the wire fence, which would have bowled Mr Taylor and the director over! Then we had a rounding show as both George and Jake showed their sheepdog skills. As the show came to an end, we headed over to the growing native bush surrounding a flowing stream. Sarah informed us about the history and all the hard work put into this eye-catching bird hide-away. We walked further and saw a great river near the TOPEC site. Sarah told us she enjoyed swimming with her children there in the summer. As I heard that sentence, I wished it was summer, and I could almost feel the refreshing spring washing over me as I jumped into the glorious pool of water. I was snapped right back to the cloudy day of July, when the film crew asked if they could film a snippet of us walking into the entry of the fairy forest. We walked around, and we soon started our volcano of questions up again when we saw a mother sheep in the middle of birth. “she has just had one of the lambs now, the next is due to come.” Sarah explained. I had the great experience of riding on the buggy with a classmate and Jarred. I had a blast as we sped down the track to the wool shed with the bus not seeable until we parked. George’s dad greeted us when we arrived with a great lick on the hand with George copying his fatherly figure. We gathered inside the wool shed and had some kai, I also had the experience of being interviewed by a young farmers rep and after a small talk with the experts, we headed over to the orphan lambs to feed and have a cuddle with. We had a great half hour talking to Sarah’s mum about the lambs and having a good time with the adorable little creatures. As our time came to an end, we had a little chat about the helpers in the farming industry and beyond. As time passed, we handed over our handmade cards from this morning and said our goodbye with Manawa Tapu to just say thank you. We stepped onto the bus with a reflection of the time we spent a MataRata Downs in our eyes. We waved goodbye, and farewelled the land as we parted with the beautiful site of the Coogan family farm.

Isabella Bromell
Year 7



Strengthen Learning and Teaching



Media Release

10 September 2019

Powerco promotes girls pursuing STEM

Powerco has partnered with Sacred Heart Girls' College in an effort to promote girls pursuing STEM careers and seeing Powerco as a diverse workplace.



Powerco **Chief Information Officer** Brigitte Columbo and electrical engineering graduate Meera Shanthi have committed to talking to Year 11 students at Sacred Heart about ensuring the subjects they chose will give them multiple career options.

Powerco Recruitment Adviser, Chris Neale, said it is about talking to students to tell them about all the opportunities a local company like Powerco can offer them.

"We want to encourage girls to take the Science, Technology, Engineering and Mathematics subjects to keep their options open but also to show the girls how much fun they can have."

The trio attended the event today at the school with all the Year 11 girls.

There was an introduction to all the career opportunities Powerco offer, then Meera and Brigitte talked about their qualifications, their job opportunities and what their role is with Powerco.

SHGC Leader of Learning Pathways Warwick Foy said, "Our job is to help young people to become productive and engaged learners and to reach their potential. We do can this more effectively when employers are involved. Our young people are creative, clever and motivated and it's great when employers showcase all of the career opportunities that exist in a business like Powerco."

Powerco is New Zealand's second largest electricity utility and gas distribution utility with around 1.1m customers (across 446,000 connections) connected to its networks. Powerco's electricity networks are in Western Bay of Plenty, Thames, Coromandel, Eastern and Southern Waikato, Taranaki, Whanganui, Rangitikei, Manawatu and the Wairarapa. Its gas pipeline networks are in Taranaki, Hutt Valley, Porirua, Wellington, Horowhenua, Manawatu and Hawke's Bay.

For more information email media@powerco.co.nz or phone 06 968 4557.



Nurture Hauora



This term we introduced the Mates & Dates programme to our Year 11 students. Next term, Year 9 will start this programme. Years 10, 11 and 12 will start Mates & Dates in 2020. Mates & Dates is a programme about healthy relationships. It isn't just about dating, it's about all kinds of relationships, including family and friends.

Watch the clip from Georgia Knowles from ACC:

https://www.youtube.com/watch?time_continue=113&v=6AIIWKhZnK she explains the programme, how it was developed and why and how it is delivered.

The main idea behind Mates & Dates is to help our girls develop healthy relationships. We want to teach young people how to:

- identify unhealthy relationships
- have healthy relationships based on respect, negotiation and consent
- identify inappropriate behaviour
- get help if they, or someone they know, are in an unhealthy relationship
- safely intervene in situations that could lead to harm

Research tells us that 1 in 5 young women report unwanted sexual contact or being made to do unwanted sexual things. We want to equip our girls and help them prevent sexual violence, dating violence and give them the skills to identify unhealthy relationships. It's also about building on the strengths and skills our girls already have. Having Mates & Dates at our school will help our girls have healthier and happier relationships in and out of school.

Mates & Dates is a multi-year programme taught in Years 9-13. It is ACC funded and delivered by facilitators from Wellstop. The classroom teacher will also be in the session. Students have five 50 minute sessions over five weeks, that's one period a week. It builds year on year and ties in with the learning area of Health and Physical Education. We have aligned it with our Special Character. It's aimed at levels 4-8 of the New Zealand School Curriculum. For a detailed read of the topics covered at each year level, check out the Mates & Dates website <https://www.matesanddates.co.nz/>

If you have any questions or want further information, contact Wendy Payne or your daughter's Year level Dean.

Wendy Payne
Guidance Counsellor

wpa@shgcnp.school.nz



Nurture Hauora

Whilst we enjoy sharing in our students' successes, we are currently streamlining our newsletter in response to community feedback. We will not be replicating the sharing of some sports results and achievements if they have already been published in other medium, such as Facebook.

If you have any queries regarding sport at the college, please contact Ms Aroha Lynch, our Sports Co-ordinator, by emailing her at: sport@shgcnpschool.nz

HOCKEY

Congratulations to **Ella Penny** for her selection in the Taranaki U13B Rawleigh Hockey team. Apologies for being missed off the list in the last newsletter.

Ella Penny



TSSA—Yo Row

This event involved two rowing ergs being taken into schools, and individuals/teams 'race each other' to see who can row the furthest in the allotted time.

Across two lunchtimes, Sacred Heart girls rowed hard and fast, and tried to climb to the top of the leader boards, in anticipation of the ergs going to other schools after us. At the end of the two weeks of school visits, the Sacred Heart 'Elizabeth House' team of **Katie Bestall, Teghan Omelvena-Ngatai, Emma Prendergast, Derryn Fleming, and Hilary Vanner**, rowed 3694m in their 15mins to finish 3rd overall in the Girls' Teams section.



A huge congratulations also to **Amelita Peters** who finished 1st on the Overall Individual Girls' leader board, rowing the fastest(3:49:00) across the 1km distance.

TSSA—Junior Volleyball

On Wednesday September 11th, two teams competed at the Junior (Year 9/10) Volleyball event. The newly formed junior volleyball squad had a tough day in Division One but got some good practice in for the regional qualifying tournament next term.

In Division Two, the SHGC White team finished 4th overall, playing in five shortened games across the day.



INLINE HOCKEY

Jorja Rosser represented New Zealand recently playing Inline Hockey at the AAU JUNIOR OLYMPICS in Hawaii. Team NZ played 12 games and came away with two silver medals—one in the Club Division and one in the International Division. Highlights of the tour were beating Team USA and Team Australia.

Jorja has also just been named in the Central Region All Stars Senior Women Inline Hockey Team that will play Inter-regionals in October.



MARTIAL ARTS

Congratulations to **Maddy Hopkirk** who won the best female adult at the Combined Martial Arts North Island tournament. This was held on 25 August in Stratford.



Nurture Hauora

WINTER TOURNAMENT WEEK

Congratulations to our five teams and their coaching staff who were involved in tournaments all around the country during tournament week – Aug 30th-Sept 6th. The girls all showed true Manawa Tapu spirit and pride by playing well on the turf, field and courts, and being recognised for their great behaviour and presence off the playing arenas.

1st XI Football – Premier Tournament in Christchurch

This team performed well after their trek to Christchurch, playing 7 games over the week, where they won 4, drew 1, and lost 2, - to finish 21st

1st XI Hockey – Jenny Hair Tournament in Palmerston North

The team went through pool and play-off games (5) unbeaten, only losing to Waikato Dio 0-2 in the final to finish 2nd overall, however, achieving their goal of re-qualifying for the Premier tournament in 2020.



Hockey team gather for a team talk.



Rather muddy football players!

Senior A Netball – LNISS Tournament (A grade) in Wellington

This tournament went indoors for the first time, and was well received by players and coaches alike, as all games were played under the same (warm/dry) conditions. They played 7 games over the week, winning 4 and losing 5, to finish 22nd overall.

Senior A Basketball – Zone 3 Regionals – Wellington

This year the Zone 3 basketball champs shared the ASB Stadium with the netball girls. Our team were not troubled and finished as CHAMPIONS after 5 games; easily winning the final 77-64 against Queen Margaret College. This meant they qualified as one of the 4 top teams for the NZSS Nationals to be held in Palmerston North during the October school holidays. Good luck girls!

Junior A Basketball – Zone 3 Regionals– Hawke's Bay

This team performed exceptionally well scoring over 100 points in each of their first two games! During pool play they only lost to NPGHS, but were determined in the final to reverse the score, and did, winning 79-71 to be crowned CHAMPIONS of the tournament.

For a full summary of results – click [here](#)



Senior A Basketball Champions



Junior A Basketball Champions

Nurture Hauora

NZSS Events

Congratulations to **Ashlee Newman** and **Claudia Chan** who both finished 3rd in their respective categories at the NZSS Aerobics Champs in Auckland on 24th August.

Well done to **Jessica Yates** and **Piper Smith** who represented Sacred Heart at the NZSS Gymsports Champs in Auckland during August. Outstanding results were achieved by both girls attending the event for the first time. **Jessica** placed 1st on Floor, 3rd on Vault and 3rd Overall in step 6. **Piper** placed 2nd on Vault, 3rd on Bar, Floor, & Beam and also placed 3rd Overall in Step 5.

In the Open Tumbling competition against girls of all ages, **Jessica** placed 4th and **Piper** 7th.



Jessica Yates and Piper Smith

BASKETBALL

Congratulations to **Gemma Walsh** selected as one of 24 girls throughout New Zealand to attend the NZU17 National Selection Camp in Auckland, this coming Labour Weekend. This is also a trial for selection into the NZU17 team to play in the FIBA U16 Asian Championships qualifying tournament later in the year.



Awesome **Gemma**, keep up the hard work!

NETBALL

Congratulations to all teams who participated in the end of season tournament at the end of August. It was great to see so many teams involved and having fun.

At the Netball Taranaki Junior Awards evening, **Demi Hudson** was awarded 9A Player of the Year. Well done **Demi**.



AIMS GAMES

Aims Games is a week-long event hosted in Tauranga for Year 7/8 students. This year our 41 girls and 10 coaches/parents joined 11,500 students from 368 New Zealand and Pacific Island schools. This tournament is not aimed at elite athletes/teams, but rather an occasion for young people to go and compete at their level. It was a chance for our girls to make new friends, play different teams, and travel away in a team environment for a week of fun and comradery.

We sent our Intermediate A hockey and netball teams, and a rugby 7s team for the first time. In addition, individual athletes were Paige Scannell (cross-country) and Simone Heath – our first mountain bike athlete to attend. The girls all did extremely well, especially the netball team who finished in the top 16 out of a total of 128 teams! A full summary of results can be found [here](#).

Congratulations also to **Emily Shelper** (Year 9) who went as our hockey umpire. She was recognised for her great skills and aptitude by being assigned as an umpire in the gold medal match. Well done Emily!



Nurture Hauora

PE/SPORTS Facebook page

We have set up specific Facebook page for the PE/SPORTS Department called *shgc Manawa New Plymouth*. Please add us as a friend so we can keep you in the loop on what's happening in this area of the school.

GYMNASTICS

Freya Wano competed in the Midlands Gymnastics Championship in Hamilton on Sunday 25th August, and took home 3 gold medals, including Midlands Champ, Competition winner, and Team Gold.

She also placed 1st individually in all four apparatus; beam, bar, floor and vault.

Congratulations **Freya**.



GET TO GO CHALLENGE

August 22nd saw twenty Year 9/10 girls (4 teams) travel just down the road, to attend the Taranaki/Whanganui Get2Go event at Lake Rotomanu.

Our experienced adventure racers combined with FDMC attempting to qualify as the regional winner for the national final later in the year; and a group of beginners also entered in the all girls section. Unfortunately, the A team fell just short in overall points and ended up 2nd behind the combined GHS/BHS A team.

It was also great to see many new girls become hooked on the sport, and keen to enter in future events.



NETBALL VS WHANGANUI INTERMEDIATE

On August 22nd, in preparation for Aims Games, the Intermediate A netball team hosted Whanganui Intermediate in a game after school.

It was a great match, with a chance to try new combinations, and Sacred Heart were victorious 42-20.



WHANGANUI ROUND THE LAKE RELAY

Monday September 9th saw 24 girls heading down to Whanganui to contest the schools' annual teams Round the Lake Relay event. We had teams in all the girls' events - Year 7/8, Year 9, Junior and Senior races.

Weather conditions were freezing, so it was a credit to all the girls who braved the elements in their school singlets and finished their 2km lap. Results – Year 7/8 - 5th, Junior B – 4th, Year 9 – 4th & 7th, Junior A – 7th, and Senior – 10th.

