

## **Rock Bands and Song Writing**

Every year a different group of rock bands and duos form within the school, giving students an opportunity to develop an individual sound, write their own songs and work together to develop their individual and ensemble skills.

Students are encouraged to form their own bands, with help available as they work towards their goals. Each year students from Sacred Heart Girls' College are involved with the Regional Rock Quest finals, an excellent opportunity to perform original songs in an authentic rock environment.

There are also several song writing competitions available to students of all ages. The Caritas SingOut4Justice competition involves writing and recording a song based on a theme. Play It Strange offer several competitions, including the Peace Song Competition, the Lion Foundation Song Writing Awards and the Who Loves Who Competition for those who want to present an original cover version of a New Zealand song.

Information can be obtained from the Music Department.